



ST. CLAIR COUNTY BOARD

10 Public Square

Room B561

Belleville, Illinois 62220-1623

Mark Kern

Chairman



(618) 277-6600 FAX: 825-2740

Dear Friend:

The St. Clair County Administration and the County Office on Aging have jointly produced this County Resource Directory.

The purpose of this directory is to provide information concerning senior services and activities within St. Clair County that will assist you to make your life better and more fulfilled.

If you have any suggestions concerning this directory, do not hesitate to contact us at 234-4410, ext. 7044.

I am happy that St. Clair County is able to provide you with this directory and hope that it will be useful to you.

Respectfully,

MARK A. KERN, Chairman St. Clair County Board

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ADULT SENIOR SUPPORT CENTERS

(ADULT DAY CARE)

Golden Years

7 North 44th St. Belleville, IL 62226 618-235-0126

Lessie Bates Davis Adult Day Services

8601 Washington Street East St. Louis, IL 62203 618-213-8290 www.lessiebatesdavis.org

Joe's Place

1032 Hartman Ln O'Fallon, IL 62269 618-206-6067

All in 4 You

315 Sherman Street Belleville, IL 62221 618-416-4040 www.allin4you.com

ASSISTED LIVING

Addington Place of Shiloh 429 S Main St Shiloh, IL. 62269 www.cedarhurstshiloh.com 618-589-8774

Bradford Place 1463 Benchmark Court

Swansea, IL 62226 www.bradfordseniors.com 618-624-0683

Brightly Senior Living 649 Legacy Place Mascoutah, IL 62258 www.klohman@brightlylife.com 618-566-0566

Cambridge House of O'Fallon 844 Cambridge Blvd O'Fallon, IL 62269 www.cambridgehouse-slf.com

618-624-9900

Cambridge House of Swansea 3900 Sullivan Dr Swansea, IL 62226 www.cambridgehouse-swansea-slf.com 618-234-8910

Cedar Creek of Shiloh 1201 Hartman Ln Shiloh, IL 62221 www.Cedarcreekshiloh.com 618-239-9282

Cedar Trails 490 Urbana Drive Freeburg, IL 62243 www.cedartrailsfreeburg.com 618-539-9190

Garden Place of Millstadt 208 S. Kossuth Millstadt, IL 62260 www.gardenplaceseniorliving.com 618-418-2258

Heritage at the Colonnade

700 Weber Road O'Fallon, IL 62269 www.thecolonadeseniorliving.com 618-624-6000

Keystone Place at Richland Creek 1050 Fountain Lakes Dr O'Fallon, IL 62269 www.slc-rc@keystonesenior.com 618-825-9029

Knollwood Retirement Community 921 Knollwood Village Rd Caseyville, IL 62232 www.knollwoodstclair.com 618-394-0569

Revela at O'Fallon 1022 E Wesley Dr O'Fallon, IL 62269 www.revelaofallon.com 618-744-6613

St. Paul's Home1021 West E StreetBelleville, IL 62220stpaulshome.com618-233-2095

The Arbors at Parkway Gardens 379 Fountains Parkway Fairview Heights, IL 62208 www.americareusa.net 618-622-9940

The Assisted Living at Silver Creek 1227 Winding Oaks Lane Mascoutah, IL 62258 www.AlSilverCreek.com 618-566-4100

The Esquiline726 Community Dr.Belleville, IL 62223www.Theesquiline.org618-394-6400

The Villas of Holly Brook 4350 Frank Scott Pkwy Belleville, IL 62223 www.villasofhollybrook.com/belleville 618-744-0231

ATTORNEYS

(Specializing in Elder Law)

Attorney General of Illinois

Metro East Regional Office 201 West Pointe Drive, Suite 7 Belleville, IL 62226 618-236-8616

Coulson Elder Law LLC

Estate & Probate Lawyer, Elder Law 774 Sunset Blvd, #200 O'Fallon, IL 62269 618- 632-7000

Dodd & Wambold

723 Insight Avenue, Suite 100 O'Fallon, IL 62269 618-235-6335 Fax: 618-235-6342 www.dodd-wambold.org

Flynn, Guymon & Garavalia

Litigation, Estate Planning 300 W Main St Belleville, IL 62220 618-509-9925

Land of Lincoln Legal Assistance Foundation

Provides free legal representation in civil cases for low-income seniors 8787 State Street East St. Louis, IL 62203 618-398-0574 www.lollaf.org

Ruocco Law Office LLC

Estate & Probate Lawyer, Elder Law Attorney 16 Bronze Pointe N Belleville, IL 62226 618 257-3400

DISABILITY SERVICES

Developmental Disability Service of Metro East

2900 Frank Scott Pkwy W, Suite 928 Belleville, IL 62223 618-236-7957 www.ddsme.org An independent not-for-profit case coordination agency. Advocate and communication link between service providers, the individual with a developmental disability and their family. Serves St. Clair and Madison counties.

Epilepsy Foundation of Greater Southern Illinois

3515 North Belt West Belleville, IL 62226 618-235-2181 www.efgreatersil.org Monday – Friday 8:30 a.m. – 4:30 p.m. Provides client and family support, intermittent residential services, community integrated living arrangements and home based services

Illinois Department of Human Services

225 North 9th Street
East St. Louis, IL 62201
618-583-2300
800-843-6154
Assists in programs for aged, blind and disabled, food stamps, insurance issues and medical assistance

LINC, Inc.

15 Emerald Terrace Swansea, IL 62226 618-235-0451 618-233-3279 www.lincinc.org Living Independently Now Center (LINC) is a consumer-driven community-based non-residential, not-for-profit corporation. Provides services to persons of all ages with all types of disabilities, plus information and referrals, individual advocacy, peer counseling, training in independent living skills and home services. Sign language and technical assistance regarding accessibility are also provided. Serves St. Clair, Monroe and Randolph counties.

DRIVER LICENSE FACILITIES AND SERVICES

DRIVER'S LICENSE EXAMINATION STATIONS

www.cyberdriveillinois.com

400 West Main Belleville, IL 62220 618-236-8750

1468 State Street Suite 200-300 East St. Louis, IL 62203 618-397-9488

9221 Beller Drive Mascoutah, IL 62258 618-808-7002

DRIVER IMPROVEMENT PROGRAMS

Driver Safety Courses For those 55 years of age and older who are interested in receiving a discount on their automobile insurance. The course, offered in two half-day or evening sessions, gives the individual a chance to brush up on existing driving skills and pick up new ideas on how to drive safely and defensively. Trained volunteer instructors will help apply what is learned to the local driving situation.

RULES OF THE ROAD COURSE

(For Written Test)
Prepares people for the driver's license written test. Course requires only a few hours and is offered free at:
Southwestern Illinois College Programs and Services for Older Persons (PSOP)
201 North Church St.
Belleville, IL 62220
618-234-4410
www.swic.edu/PSOP

ELDER ABUSE PROGRAMS

Senior Protective Services

7 Executive Woods Swansea, IL 62226 618-236-5863 HOT LINE: 800-252-8966 (8:30 am to 5 pm) After Hours: 866-800-1409

Land of Lincoln Legal Assistance Foundation, Inc.

8787 State Street East St. Louis, IL 62203 618-398-0958 www.lollaf.org Serves St. Clair and Monroe Counties, making available free legal representation in civil cases for lowincome individuals and seniors.

Senior Services Plus

618-465-3298 Ext 127 Advocates for people in long term care facilities include skilled nursing facilities, assisted living facilities, supported living facilities, shelter care homes, and facilities and group homes for developmentally disabled residents.

FOOD PANTRIES

Catholic Urban Programs (CUP) 7 Vieux Carre Drive East St. Louis, IL 62203 618-398-5616

Christ United M. B. Church 1811 Kansas East St. Louis, IL 62205 618-875-0452 Sat. 9-11 a.m.

Collinsville Area Food Pantry 201 East Church Street Collinsville, IL 62234 618-346-1861

Community Interfaith Food Pantry 1218 West Main Street Belleville, IL 62220 618-355-9199 Mon. Wed. Fri. 1-3 pm, Tues. & Sat. 9–11 am

Freeburg Food Pantry St. Paul's U.C.C. Parish House 8 North Belleville Street Freeburg, IL 62243 618-539-5744 or 618-539-3756 3rd Thursday of month, 2 – 6 pm

Gethsemane Food Pantry 1435 Baugh Avenue East St. Louis, IL 62205 314-422-2183

Haynes Miracle Temple 823 Summit East St. Louis, IL 62201 618-558-2285 Wed. 7-9 am

Jeremiah's Food Pantry 538 South 35th Street East St. Louis, IL 62207 Damascus Road Fellowship 1485 Frank Scott Parkway West Belleville, IL 62223 618-489-1045 2nd Thursday of the month 2-4 pm

Divine Community Corp. 618 Summit East St. Louis, IL 62201

618-274-1700 Thursday 3-5 p.m.

East St. Louis Township 6755 State Street East St. Louis, IL 62201 618-874-3650

Fairview Heights Food Pantry 412 Saint Clair Road Fairview Heights, IL 62208 618-398-0292 Serves residents one time monthly 314-537-2448

Landsdowne 5703 Bunkum Road East St. Louis, IL 62204 618-874-7901 Tues & Wed 1-3 pm Thursday. 9-11 am

Law and Grace Ministries 428 East "A" Street Belleville, IL 62220 618-235-6977

Lebanon Food Pantry St. Paul U.C.C. 123 East Dee Street Lebanon, IL 62254 618-537-4991 Mon & Thurs 1 – 3 pm Wed 10 am - noon

FOOD PANTRIES - continued

Mascoutah Food Pantry

17 West Main Street Mascoutah, IL 62258 618-566-2355

Millstadt Food Pantry

1 East Elm Millstadt, IL 62260 618-476-1249

O'Fallon Community Food Pantry

801 East State Street O'Fallon, IL 62269 618-624-7040

Salvation Army, East St. Louis

616 North 16th Street East St. Louis, IL 62205 618-874-3136

Shiloh Food Pantry

Spring Valley Baptist Church 522 Maple Street Shiloh, IL 62269 618-632-6706

State Park Area Food Pantry

3301 Harvard Collinsville, IL 62234 618-344-4091

Towerview Shiloh Community Food Pantry

2401 Lebanon Avenue Shiloh, IL 62221 618-277-7066 2nd and 4th Tuesday 9-11 am

FUNERAL HOMES

Creason Funeral Home

220 West Washington Millstadt, IL 62260 618-476-3111 www.echovita.com

Herr Funeral Home 501 North Main Collinsville, IL 62234 618-344-1087

Hoffen Funeral Home 220 West Washington Millstadt, IL 62260 618-476-3111 www.hoffenfh.com

Kalmer Memorial Services 8638 US Hwy 50 Lebanon, IL 62254 618-726-3288 www.kalmermemorialservices.com

Kassly Mortuary, Ltd.

9900 St Clair Ave Fairview Heights, IL 62208 618-398-1122 www.kasslyfuneral.com

Kurrus Funeral Home

1773 Frank Scott Pkwy West Belleville, IL 62223 618-235-2100 www.kurrusfh.com

Lake View Memorial Gardens and Funeral Home 5000 North Illinois Street Fairview Heights, IL 62208 618-233-7200 www.lakeviewfuneralhm.com

Leesman Funeral Home

326 S Main St. Dupo, Illinois, 62239 (618) 286-4511 www.leesmanfuneralhom.com

Moll Funeral Home

34 West Main Mascoutah, IL 62258 618-566-6132 www.mollfuneral.com

Nash Funeral Home

144 North 16th Street East St. Louis, IL 62205 618-874-9225 www.nashfuneralhome.com

Officer Funeral Home

2114 Missouri Avenue East St. Louis, IL 62205 618-874-4244 www.officerfh.com

Renner, George & Sons Funeral Homes

120 North Illinois Street Belleville, IL 62220 618-233-5400 www.rennerfh.com

206 South Richland Freeburg, IL 62243 618-539-3121

209 North Main Smithton, IL 62285 618-233-5400

Russell Memorial Chapel

7916 State Street East St Louis, IL 62203 618-397-9510 www.imortuary.com

FUNERAL HOMES - continued

Schildknecht Funeral Home

301 South Lincoln Avenue O'Fallon, IL 62269 618-632-3713 www.schildknechtfh.com

Serenity Memorial Chapel

3416 West Main Belleville, IL 62223 618-233-6000 www.serenitymemorialchapel.com

Teat Memorial Chapel

10429 Lincoln Trail Fairview Heights, IL 62208 618-293-6540 www.teatchapel.com

Valhalla, Gaerdner & Holten Funeral Home

3412 Frank Scott Pkwy WestBelleville, IL 62223618-233-3110www.valhallagardensandfuneralhome.com

Wolfersberger Funeral Home

102 West Washington St O'Fallon, IL 62269 618-632-3681 www.wfh-ofallon.com

HOME HEALTH CARE AGENCIES

A Living Angel Home Care Ltd. 37 Granvue Drive Belleville, IL 62223 618-398-8440 www.alivingangelhomecare.com

Addus Healthcare, Inc. 4509 North Illinois Street, Ste 2 Swansea, IL 62226 618-394-1022

Amedisys 1901 Frank Scott Pkwy, East Ste 4 O'Fallon, IL 62269 618-622-8854 Kathleen.kelly@amedisys.com

American Patriot Home Care

106 Lincoln Place Court Belleville, IL 62221 618.228.4800 www.americanpatriothc.com

Christian Home Care Services, Inc.

115 West Randle Lebanon, IL 62254 618-537-9590 www.chcsinc.org

Gibson Health Services

1468 State St. East St. Louis, IL 62202 618-274-6026

Heartland Hospice

333 Salem Place, Ste 150 Fairview Heights, IL 62208 618-632-0304 www.her-mansrcare.com

Home Instead Senior Care 2321 Country Road Belleville, IL 62221 618-234-7640 www.homeinstead.com/299

Mederi Home Health Care 141 Market Place Drive, Ste 110 Fairview Heights, IL 62208 618-277-8899 Mediplex Health Professionals 209 West Pointe Drive, Ste D Swansea, IL 62226 618-293-6776

Memorial Hospital Home Care

4500 Memorial Drive Belleville, IL 62226 618-233-7750, ext 5700

Morning Glory Home Care, Inc.

P.O. Box 498 Collinsville, IL 62234 618-667-8400 or 618-692-6462 www.morninggloryhomecare.com

St. John's Community Care

222 Goethe Avenue Collinsville, IL 62234 618-344-0276 Faith in Action 618-344-8080 www.stjohnscc.org

Southern Illinois Health Care

100 North 8th Street, #238 East St. Louis, IL 62201 618-274-9105 Monday -Friday, 8:30 am -5 pm

Southwestern Illinois Visiting Nurse Association

7 Executive Woods Court Swansea, IL 62226 618-236-5800 or 800-642-5429 www.sivna.com

Visiting Angels

4 South Church Street, Suite. 212 Belleville, IL 62220 618-257-2200 Fax: 618-257-2205 www.visitingangels.com

VIP Healthcare Professionals

2604 West Boulevard Colonial Square Office Park Belleville, IL 62221 618-235-2273 www.vip-healthcare.ne

HOSPICE SERVICES

Breeze Hospice

14 Park Place, Suite B Swansea, IL 62226 618-416-6410 Breeze.hospice.com

Family Hospice

5110 West Main Street Belleville, IL 62226 618-277-1800 www.familyhospice.org

Heartland Hospice

333 Salem Place, Suite 150 Fairview Heights, IL 62208 618-632-0304

Heartlinks Grief Center

Family Hospice 5110 West Main Street Belleville, IL 62226 618-277-1800 Provides ongoing grief counseling for children, families, and adults. Open to all at no cost.

Hospice of Southern Illinois, Inc.

305 South Illinois Street Belleville, IL 62220 618-235-1703 or 800-233-1708 www.hospice.org

ProMedica Hospice

333 Salem Place, Suite 165 Fairview Heights, IL 62208 844-329-0950

Vitas Hospice Care

16 Executive Drive, Suite 100 Fairview Heights, IL 62208 618-622-9073

INDEPENDENT LIVING - FEDERALLY ASSISTED

Carriage House Apartments 115 East B Street Belleville, IL 62220 618-277-6900

Cedars of Lebanon Apartments 600 South Horner Street Lebanon, IL 62254 618-537-6112

Cottages at Cathedral Square 305 South 1st Street Belleville, IL 62220 618-235-4662

East St. Louis Housing Authority 700 No 20th Street East St. Louis, IL 62205 618-646-7100

Lincoln Park Villas 1159 S. Lincoln Avenue O'Fallon, IL 62269 618-767-5600

Metro Landing 228 Metro Way Swansea, IL 62226 618-416-9495

New Salem Place 1235 St. Louis Ave East St. Louis, IL 62201 618-875-8670

O'Fallon Apartments. 750 Weber Road O'Fallon, IL 62269 618-632-5570 Regency Manor. 128 Regency Park Drive O'Fallon, IL 62269 618-726-2240

Rush Senior Garden Apartments 1530 Bond Avemue East St. Louis, IL 62207 618-875-9747

St. Clair County Housing Authority 1790 So. 74th Street Belleville, IL 62223 618-277-3290

St. Clair Village 409 East Carlyle Belleville, IL 62221 618-234-2203

Touchette Elderly Apartments 5900 Bond Avenue Centreville, IL 62207 618-456-1840

Touchette Elderly Apartments 1718 Wilford Avenue East St. Louis, IL 62207 618-482-9813

Westfield Manor. 7245 Westfield Plaza Drive Belleville, IL. 62223 618-233-5506

Wingate Manor 200 North Green Mount Road Shiloh, IL 62269 618-222-8030

INDEPENDENT LIVING - PRIVATELY OPERATED

The Atrium of Belleville 201 South Belt West Belleville, IL 62220 618-235-9300

Benedictine Senior Living

726 Community Drive Belleville, IL. 62223 618-489-4121

Brightly Senior Living

649 Legacy Place Mascoutah, IL. 62258 618-566-0566

Garden Place Senior Living

208 So. Kossuth Street Millstadt, IL. 62260 618-476-1440

Grand Manor

58 Frank Scott Parkway East Swansea, IL. 62226 618-257-1400

Keystone Place at Richland Creek

1050 Fountain Lakes Drive O'Fallon, IL. 62269 618-965-8167

St. Paul's Senior Community

1021 West E Street Belleville, IL. 62220 618-233-2095

Valley Ridge Senior Apartments

8805 Braden Drive Caseyville, IL. 62232 618-398-0431

MENTAL HEALTH

24/7 CRISIS HOTLINES

Chestnut Health Systems (618) 877-0316 (618) 877-4420

Comprehensive Behavioral Health Center (618) 482-7330

National Suicide Hotline 24 HR CRISIS LINE 1-800-273-8255

Touchette Behavioral Health and Wellness 24/7 intake line 618-332-4038

Veterans Crisis Line (800) 273-8255

Adult Protective Services (includes seniors) 1-866-800-1409

Behavioral Health Inpatient/Outpatient Hospital

Gateway Regional Medical Center 618-798-3000 Touchette Regional Medical Center 618-332-4038 SIHF Windsor Health Center 618-274-9105

Chestnut Health Systems

12 North 64th Street Belleville, IL 62223 618-877-4420 www.chestnut.org Monday – Friday 8 am – 5 pm Offers a comprehensive array of behavioral healthcare and substance disorder services

Cowell – Where Community Meets Wellness

(Formerly Human Service Center) 10257 State Route 3 Red Bud, IL 62278 www.https://comwell.us Monday – Friday 8:30 am – 5 pm Promoting positive healthy changes for individuals and communities through engagement, education, treatment and recovery

Comprehensive Behavioral Health Center

505 South 8th Street East St. Louis, IL 62201 618-482-7330 www.cbhc1.org Emergency and crisis Intervention services are offered 24/7. Professional staff provide walk-in, outreach and telephone intervention to persons of all ages who may be in crisis. Services are provided regardless of the ability to pay

Gambling Resources

Chestnut Health Systems618-397-0900Credit Counseling618-397-0900

Grief Loss and Support Services

Heartlinks, Family Hospice of Belleville 618-277-1800 Carla Smith Foundation (Suicide Loss) 618-624-5771 Trevor Project www.trevorproject.org

Karla Smith Behavioral Health

200 North Lincoln O'Fallon, IL 62269 618-624-5771 www.karlasmithbehavioralhealth.org A life-skill building and therapeutic facility provides treatment, rehabilitation and education through a full spectrum of services

MENTAL HEALTH - continued

Memorial Hospital – Senior Care Program

4500 Memorial Drive Belleville, IL 62226 www.memhosp.com 618-257-5900 Provides outpatient group and individual counseling for senior adults. Call for more information

National Alliance for Mental Health

800-950-6264

St. Clair County Mental Health Board 618-277-6022

Nursing Home Abuse

1-800-252-4343

Southern Illinois Healthcare Foundation (SIHF)

Corporate Administrative Office 2041 Goose Lake Road Sauget, IL 62206 618-332-0953 www.sihf.org Provides integrated care focusing on behavioral health for patients of all ages Behavioral Health Center Locations 180 South 3rd, Suite 4, Belleville 618-222-4701 7210 West Main, Ste 200, Belleville 618-398-9850 2900 Frank Scot Pkwy W, Ste 950 Belleville 618-233-3205 100 North 8th, East St. Louis 618-271-0130 505 South 8th, East St. Louis 618-482-7330 3 St. Elizabeth's Blvd, Suite 4000, O'Fallon 618-233-5480

NURSING HOMES/LONG TERM CARE CENTERS

Belleville Healthcare

727 N 17th Street Belleville, IL. 62226 618-234-3323

Bria Health Services of Cahokia 3354 Jerome Lane Cahokia, IL 62206 618-337-9400

Bria of Belleville 150 N 27th Street Belleville, IL. 62226 618-235-6600

Cahokia Nursing & Rehab Center 2 Annabelle Circle East St. Louis, IL. 62206 618-332-0114

Caseyville Nursing & Rehab 601 W Lincoln Avenue Caseyville, IL. 62232 618-345-3072

Cedar Ridge Health & Rehab Center 1 Perryman Street Lebanon, IL 62254 618-537-6165

Four Fountains 101 South Belt East Belleville, IL. 62221 618-277-7700

 Freeburg Care Center

 746 Urbana Drive

 Freeburg, IL.
 62243

 618-539-5856

Lebanon Care Center 1201 N Alton Street Lebanon, IL. 62254 18-537-4401

Mar-Ka Nursing & Rehabilitation 201 South 10th Street Mascoutah, IL. 62258 618-566-8000

Memorial Convalescent Center 4315 Memorial Drive, #5342 Belleville, IL. 62226 618-619-5000

Mercy Rehab & Care Center 100 Rosewood Village Drive Swansea, IL. 62226 618-236-1391

St. Paul's Senior Community 1021 W E Street Belleville, IL. 62220 618-233-2095

Swansea Rehab & Care Center 1405 North 2nd Street Swansea, IL. 62226 618-233-6625

The Esquiline 726 Community Drive Belleville, IL. 62223 618-394-6400

Willow Creek Rehab & Nursing 40 North 64th Street Belleville, IL. 62223 618-397-8400

REHABILITATION SERVICES

Belleville Health Sports Center

10010 S 74th Street Belleville, Il 62223 618-398-2778

Caseyville Nursing and Rehab

601 W Lincoln Avenue Caseyville, IL 62232 618-345-3072 www.caseyvillenrc.com

Freeburg Care Center

746 Urbanna Drive Freeburg, IL 62243 618-539-5856

SSM Health Day Institute

821 Wet Hwy 50, Suite 150 O'Fallon, IL 62269 618-726-0370

St Paul's Senior Community

1021 West E Street Belleville, IL 62220 618-233-2095

The Center for Orthopedic and Neurosciences

Memorial 4700 Memorial Drive Belleville, IL 62226 618-257-5256

St Elizabeth's Hospital Comprehensive Unit

1 St Elizabeth Blvd O'Fallon, IL 62269 618-234-2120

The Rehabilitation Institute of Southern Illinois

2351 Frank Scott Parkway East Shiloh, IL 62269 618 206-7600 www.encompasshealth.com/shilohrehab We are a free-standing acute intensive rehabilitation hospital and a partnership between BJC Health and Encompass Health.

SENIOR SERVICES ORGANIZATIONS

ELDERCARE LOCATOR HOT LINE: 800-677-1116

This program is a national Toll-Free Directory Service Assistance, giving callers access to an extensive network of staff and local organizations that serve older people.

SENIOR CENTERS

Caseyville Township

10001 Bunkum Road Fairview Heights, IL 62208 618-398-6248

Clyde Jordan Senior Center

6755 State Street East St. Louis, IL 62203 618-293-6700

Lessie Bates Davis

1200 North 13th Street East St. Louis, IL 62205 618-874-0777

Mascoutah Senior Services 227 North Market Street Mascoutah, IL 62258 618-566-8758

Millstadt Township Senior Services

102 South Jefferson Street Millstadt, IL 62260 618-476-3731

AGENCIES

Age Smart 801 West State Street O'Fallon, IL 62269 www.ask@agesmart.org 618-222-2561

Beacon of Belleville

PO Box 23468 Belleville, IL 62223 618-416-4538 Local churches operate as a social outreach clearinghouse

Catholic Urban Programs (CUP)

7 Vieux Carre Drive East St. Louis, IL 62203 618-398-5616 www.catholicurbanprograms.org Monday – Friday 9 a.m. – 5 p.m. Provide emergency services such as food, shelter, clothing and transportation

East Side Health District

Administration and East St. Louis Clinic 638/650 North 20th Street East St. Louis, IL 62205 618-271-8722 or 618-874-4713 www.eshd.org Monday – Friday 8 a.m. – 4:30 p.m. Serves Canteen Centreville, East St. Louis and Stites Townships **Public Emergency Contact After Hours** 618-409-7855 Other Locations 1274 Camp Jackson Road, Cahokia 618-337-4178 5540 Bunkum Road, Washington Park 618-874-4627 2568 North 41st Street, Fairmont City 618-271-7550 4901 State Street, East St. Louis 618-482-4562 800 Range Lane Annex, Cahokia 617-337-3117 501 North 10th Street, East St. Louis 618-646-3296

SENIOR SERVICES ORGANIZATIONS - continued

Health Visions Midwest

1269 North 89th St, Suite 3 East St. Louis, IL 62203 518-271-7000 www.hvusa.org Serves seniors and disabled, medical and nonmedical transportation, social programs, Medicare and Medicaid assistance, Benefits Access applications

Illinois Department on Aging

1 Natural Resources Way, Suite 100 Springfield, IL 62702 217-785-2870 www.state.il.us/aging

Lessie Bates Davis Neighborhood House

1200 North 13th Street East St. Louis, IL 62205 618-874-0777 www.lessiebatesdavis.org Provides homemaking services for older adults, emergency assistance for utilities/rent/clothing and adult daycare services

Southwestern Illinois Programs and Services for Older Persons (PSOP)

201 North Church Street Belleville, IL 62220 618-234-4410 www.swic.edu/psop Southwestern Illinois College sponsors various programs to meet the needs of older persons. This is in keeping with the Community College's mission to attempt to serve all residents of District #522 Provides: Activities and Recreation **Resource Center/Benefits Access Assistance ATS/Alternative Transportation System** Older Adult and Caregiver Counseling Foster Grandparent Program Retired and Senior Volunteer Program (RSVP) Senior Companion Program SeniorLink Computer Club

St. Clair County Office on Aging

201 North Church Street Belleville, IL 62220 618-234-4410, exts 7034, 7044 and 7080 Develops coordination and cooperation among County services for the purpose of maximizing resources to serve senior citizens.

*Activities

Activities include weekly: Exercise Class, Yoga Gold, Mahjong, Badminton, Drum Fitness, Pickle ball, Zumba gold, Slow Pace Line Dancing, Family Ties, in additional to other social events.

*Educational Workshops:

A wide variety of workshops related to health, wellness, social, historic, and other topics are offered several times each month.

*Caregiver Workshops:

Free caregiver's workshops are presented throughout the year. If you are providing emotional, physical or financial support to an older adult, or think you may need to in the future, these informational workshops may be of interest to you.

*Grief Support Group:

Meets monthly on the third Monday of the month from 10 - 11:30 am

*St. Clair County Transit District Passes:

The Office on Aging issues Metro passes to seniors 65+ and disabled riders on Tuesdays and Thursdays from 9 am – Noon at the Belleville Scheel St. MetroLink station

*Ten Toe Program:

12-week program offered in spring and fall to encourage seniors to walk more and use public transit.

SENIOR SERVICES ORGANIZATIONS - continued

St. Clair County Health Department

19 Public Square Belleville, IL 62220 (618) 233-7703 Health Services Immunizations Environmental Health Protection Community Health Emergencies

Southwestern Illinois Visiting Nurses Assoc.

7 Executive Woods Court Swansea, IL 62226 618-236-5800 www.sivna.com Provides free of charge specially trained care coordinator to visit your home to conduct a needs assessment and explain what community-based resources (home delivered meals etc.) are available to assist you or a loved one live at home independently as possible and develop a care plan.

ST. CLAIR COUNTY SERVICES

10 Public Square Belleville, IL 62220 618-277-6600 www.co.st-clair.il.us TDD (Hearing Impaired Line) 711

St Clair County - Phone Contacts

Animal Services Dept 1250 South 11 Street Belleville 618-235-0585 Adoptions, Animal Bites, Lost and Found Pets, Animal Registration

Arbitration Center 19 Public Sq Belleville 618-236-8605

Assessor

618-825-2704 Senior Freeze Exemption Veterans Exemption Homestead Exemption

Auditor 618-825-2265

Board of Review 618-825-2703 Complaint hearings on property tax assessments (value)

Circuit Clerks Office 618-277-6832 Pay tickets and court payments Obtain court records Small Claims Probate *Child Support Division 618-825-2711 *Family Division 618-825-2713 *Felony Division 618-825-2714 *Small Claims Division 618-825-2712 *Traffic Division 618-825-2709

Coroner

618-277-8682 Autopsy Reports Toxicology Reports Coroner's Death Investigation Permit to Cremate

County Board Office 618-825-2203

County Clerk

618-825-2377 Elections Vote by Mail Birth/Death/Marriage Certificates Marriage License Civil Unions Raffle License Notary Service Special Events License

Courts

618-277-7325

Associate Court Room 301 River Park Dr E St Louis 62201 618-482-6860

Economic Development 618-825-2670

Emergency Management Agency - 911 101 South 1st Belleville 618-277-3012

Health Department 19 Public Sq. Belleville 618-233-7703 Health Services Immunizations Environmental Health Protection Community Health Emergencies

Highway Department 1415 North Belt West Belleville 618-233-1392

Human Resources 618-825-2253

ST. CLAIR COUNTY SERVICES- continued

Information Technology 618-825-2282

Intergovernmental Grants Department (IGD)

19 Public Square-Belleville 618-277-6790 *Community Development 618-277-6790 *Homebuyer Assistance 618-277-6790 *Housing Rehabilitation 618-277-6790 *Lead Paint Hazard Control 618-277-6790 *Weatherization/Home Repairs 618-277-6790 *Community Services 618-277-6790 *Employment & Training (WIA) 618-277-6790 *Mid-America Workforce Investment Board (MAWIB) 27 N Illinois-Belleville 618-277-6790 *Energy Assistance (LIHEAP) 618-257-9246 *24-Hr Homeless Hotline 888-397-5730 *Housing Counseling Assistance Center 618-277-6790

Jury Commission 618-825-2632

Juvenile Detention Home 9006 Lebanon Rd Belleville 618-397-0766

Mapping/Platting 618-825-2705

Probation Department 618-277-5690 *Compliance Unit (618) 825-2573 *Juvenile Division 9002 Lebanon Rd Belleville 618-394-1195

Public Building Commission 618-825-2212 Public Defender

618 825-2621

Recorder of Deeds

618-825-2481 Process Deeds and Mortgages Record Plats Quit Claim Deeds Liens and Releases Military Discharge Papers

Regional Superintendent of Schools (ROE) 1000 South Illinois St Belleville 618-825-3900

Sheriff's Department Non-Emergency 618-277-3504

Jail 618-207-4374 700 N 5th St Belleville

States Attorney 618-277-3892

Child Support 618-825-2395

Treasurer's Office 618-825-2707 Real Estate Taxes Trustee Property Auction

Veterans Assistance Commission

19 Public Square Belleville 618-277-0040 Assistance for honorably discharged veterans meeting income criteria Call for appointment

Zoning Department

618-825-2715 Building Permits Electrical Permits Occupancy Permits Zoning Issues Code Enforcement

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SUPPORT GROUPS

AA Groups

623 Club 618-234-8335 O'Fallon Trailer Group 618-632-8815

Addiction Loss Support Group

Heatlinks Grief Center 5110 West Main Street Belleville, IL 62226 618-277-1800 2nd Tuesday monthly 6:30 – 8 pm

Al-Anon (answering service)

618-398-9470 Support group for family members and friends who have drinking problems.

Alcoholics Anonymous

Eagles Nest Group – St. Joseph Center 5020 State Street East St. Louis, IL 62205 618-271-4673

Alzheimer's Support Group

Programs and Services for Older Persons 201 North Church Belleville, IL 62220 618-234-4410 or 618-942-7942 ext 7031 Meets 2nd Tuesday of even months at 2:30 pm

Alzheimer's Support Group

The Atrium-Linda Robertson (call goes to voicemail, leave message) 201 South Belt West Belleville, IL 62220 618-877-3285 or 618-219-6648 Meets 4th Saturday of the month at 3:00 pm

American Parkinson Disease Association (APDA) Support Group

Fr anyone affected by Parkinson's Disease Programs and Services for Older Persons Feurer Hall 201 North Church Belleville, IL 62220 Meets 3rd Monday at 1:30 pm

Blind Support Group, Impact, Inc.

2751 East Broadway Alton, IL 62002 618-462-1411 8 am – 4:30 pm, Monday-Friday Meetings are held first Wednesday of each month.

(Breast Cancer) Hope Blooms

Memorial Hospital 4500 Memorial Drive Belleville, IL 62226 Meetings second Tuesday of every month 6 pm at various locations Call 618-607-1202 for more information

Deaf Support Group, Impact, Inc.

2751 E. Broadway Alton, IL 62002 618-462-1411 Monday-Friday 8 am-4:30 pm www.impactcil.org Meetings first Tuesday of every month, except July.

Diabetes Support Group

Memorial Hospital 4500 Memorial Drive Belleville, IL 62226 618-257-5861 www.memhosp.com Meetings 4th Monday of every month 9-11 am - Memorial Hospital Auditorium

Gamblers Anonymous

618-235-0780 Hotline 855-222-5542 www.gamblersanonymous.org United Methodist Church 721 East Main Street Belleville, IL 62220 Meetings Mondays & Thursdays 7:30 pm

Grief Support Group

St. Clair County Office on Aging 201 N, Church Belleville, IL 62220 618-234-4410 ext 7044 3rd Monday of the Month 10-11:30 am

SUPPORT GROUPS -continued

Heart Failure Support Group

Includes a variety of discussion topics such as healthy cooking, exercises, and questions and concerns about heart failure. For more information contact Dani Schrage

618-257-5797

Laryngectomy Support Group (NuVoice Club)

Memorial Orthopedic and Neurosciences Ctr Community Conference Room 4700 Memorial Drive Belleville, IL 62226 Meets quarterly Call Gwen Haake, Speech Pathologist, at 618-767-3936 or Gwen.Haake@bjc.org or Memorial Hospital's Speech Therapy Department 618-257-5255 for more information

Mindfulness Class

Teaches techniques for reducing stress and anxiety Programs and Services for Older Persons 201 North Church Belleville, IL 62220 Meets 2nd Wednesday of each month RESERVATION REQUIRED Call Tanya at 618-234-4410, ext. 7039 for more information or to make a reservation

Older Adult and Caregiver Counseling

Offers counseling services in person, by phone and virtually for St. Clair County residents over the age of 60 free of charge Call Programs and Services for Older Persons Tanya Koelker, LCPC 618-234-4410, ext 7039

Parkinson's Caregiver Meeting

Belleville Health and Sports Center 1001 South. 74th Street Belleville, IL 62223 3rd Tuesday at 11 am Call Tanya 618-234-4410, ext 7039 for more information

Pulmonary Rehabilitation Support Group (Lively Lung Support Group)

Memorial Orthopedic and Neurosciences Ctr Community Conference Room 4500 Memorial Drive Belleville, IL 62226 Meetings are held monthly (except June, August and November) Call Pulmonary Rehabilitation at 618-257-5560 for more information May and December meetings are held at St. Luke's Parish Center, 226 North Church Street, Belleville, IL

Spinal Cord Injury Support Group

Adults who have suffered a spinal cord injury and their caregivers are encouraged to participate in the Spine Injury Support Group. The group provides encouragement through treatment and a safe environment for people to share their experiences Time and location vary Call Lindsay Boggio, Occupational Therapy 618-257-5758 for more information

Stroke Support Group

This group is for people who have experienced a stroke or brain injury, and their families. Participants will learn how to heal physically, cognitively and emotionally. The topics vary from educational speakers to community outings Meetings once every other month. Call Memorial Hospital Occupational Therapy 618-257-5758 for more information

TRANSPORTATION

St. Clair County Transit District (SCCTD)

27 North Illinois, Belleville, IL. 62220 618-628-8090 www.scctd.org St. Clair County Transit District provides the following transportation services: Alternate Transportation Systems (ATS), The Flyer, Van Go, MidAmerica Airport Shuttle, MRTD Express, MetroLink, Metro Bus

Alternative Transportation System (ATS)

801 N 47th Street East St. Louis, Illinois 62205 618-239-0749 www.scctd.org ATS provides curb-to-curb community service for individuals certified as American Disabilities Act (ADA) eligible, service for those age 60 or older, and ambulatory in some areas.

The Flyer618-800-6884An on-demand service that can take youdirectly o Metrolink Stations and connectingbus routes andhomes, workplaces, schools,healthcare facilities and other designationswithin a specific zone

Van Go.

618-268-1842 VanGo app Book a trip using the app (or call in) and you'll be picked up in minutes at a corner a short walk from the address you entered. You will then be matched with others heading in the same direction

MidAmerica Airport Shuttle

MidAmerica St. Louis Airport and the St. Clair County Transit District provides round trip shuttle service between the Shiloh Scott AFB MetroLink station and the bus stop at passenger terminal of MidAmerica Airport

MRTD Express

St. Clair County Transit District (SCCTD) and the Monroe Randolph Transit District (MRTD) operate the MRTD Express connecting the #2 Cahokia route

MetroLink and Metro Bus

A light rail transit and bus system provided by SCCTD. Seniors age 65 and disabled under 65 may be eligible for a Ride Free Metro pass (some restrictions apply)

Health Visions Midwest

1269 North 89th St, Suite #3 East St. Louis, IL 62203 618-271-7000 www.hvusa.org Serving seniors and disabled in St. Clair County: medical and non-medical transportation, social programs, Medicare & Medicaid Assistance, Benefits Access Applications

For Profit Transportation Services

Provides transport to medical appointments

Cope Care Services.

Swansea, IL. 62226 618-416-2090

12 Kings Transportation

10850 Lincoln Trail, Suite 16 Fairview Heights, IL 62208 217-206-0253

Walking Angels

Belleville, IL. 62223 314-440-6044

Mid America Cab Company

501 South 2nd Street Belleville, IL. 62220 618-277-1515

VETERANS SERVICES

Disabled American Veterans National Headquarters

3725 Alexandria Pike Cold Spring, KY 41076 877-426-2838 www.dav.org/veterans Mobile services travel to smaller rural communities to counsel/assist veterans with benefits

Illinois Dept. of Veterans Affairs

Mid America Corporate Center 7650 Magna Drive, Suite 100 Belleville, IL 62223 Female Service Officer - Michelle Orlando Ph: 618-233-8445 Fax: 618-277-0183 Email: Michelle.Orlando@illinois.gov

Kenneth Hall State Regional Bldg. #10 Collinsville Ave., Suite 303 East St Louis, IL 62201 Veterans Service Officer – Jeffrey Lewis For assistance, please contact the VSO Jeff Lewis Ph: 618-367-3064 Email: Jeffrey.Lewis@illinois.gov

St. Clair County VA Clinic

1190 Fortune Boulevard Shiloh, IL 62269 314-286-6988

Scott Air Force Base VA Clinic

310 West Losey Street Scott Air Force Base, IL 62225-5250 314-652-4100 ext 56408

Veterans Affairs Department

U.S. Government Regional Office Benefits, Information and Assistance 536 South Clark Street Chicago, IL 60605 800-827-1000 www.va.gov

Veterans Assistance Commission

St. Clair County 19 Public Square, Suite 300 Belleville, IL 62220 618-277-0040 Assistance for honorably discharged veterans of St. Clair County and their families. Call for an appointment.

Veterans Crisis Line

Dial 988 and press 1 or Text 838255

Veterans Medical Centers

John Cochran Medical Center 15 North Grand Boulevard St. Louis, MO 63106 314-652-4100

Jefferson Barracks Medical Center 1 Jefferson Barracks Drive St. Louis, MO 63125 314-652-4100

EMERGENCY TELEPHONE NUMBERS

POLICE DEPARTMENT _____

SHERIFF'S DEPARTMENT ______

FIRE DEPARTMENT

AMBULANCE _____

FAMILY MEMBER OR FRIEND TO NOTIFY IN EMERGENCY

TELEPHONE NUMBER_____

MY ADDRESS_____

MY TELEPHONE NUMBER

Revised 11/23