



ST. CLAIR COUNTY BOARD

10 Public Square • Room B561 • Belleville, Illinois 62220-1623

MARK KERN
CHAIRMAN

(618) 277-6600
FAX: 825-2740



Dear Friend:

St. Clair County and Southwestern Illinois College Programs and Services for Older persons have jointly produced this County Resource Directory.

The purpose of this directory is to provide information concerning senior services and activities within St. Clair County that will assist you to make your life better and more fulfilled.

If you have any suggestions concerning this directory, do not hesitate to contact us at 234-4410, ext. 7044.

I am happy that St. Clair County and Southwestern Illinois College are able to provide you with this directory and hope that it will be useful to you.

Respectfully,

A handwritten signature in cursive script, appearing to read "Mark A. Kern".

MARK A. KERN, Chairman
St. Clair County Board

Preface

The Senior Citizens Resource Directory has been underwritten by St. Clair County. The information contained herein was compiled by the staff and volunteers of Southwestern Illinois College Programs and Services for Older Persons.

The Senior Citizens Resource Directory contains a wide variety of programs, agencies, and organizations, which can provide services to older persons. The agencies are designed to address the health, education, training, and employment needs of the older person.



**ADULT SENIOR SUPPORT CENTERS
(ADULT DAY CARE)**

Golden Years, The
Adult Day Care
7 North 44th St.
Belleville, IL 62226
618-235-0126

Lessie Bates Davis Neighborhood House
1200 N. 13th St.
East St. Louis, IL 62205
618-874-0777
www.lessiebatesdavis.org

St. John's Home & Community Care
222 Goethe
Collinsville, IL 62234
618-344-5008
www.stjohnscc.org

**AGE DISCRIMINATION/
EMPLOYMENT ACT**

Illinois State of:
Illinois Human Rights Act
Department of Human Rights
222 South College, Room 101
Springfield, IL 62704
217-785-5100
www.state.il.us/dhr

AIDS - GENERAL INFORMATION

See Bethany Place
AIDS/DRUG HOT LINE
800-825-3518
www.bethanyplace.org

**ALZHEIMER'S ASSOCIATION
OF GREATER ST. LOUIS**

9370 Olive Boulevard
St. Louis, MO 63132
800-272-3900
www.alz.org/stl

Illinois Satellite Office
618-346-4073

**ALZHEIMER'S DISEASE
SUPPORT GROUP**

For persons with Alzheimer's Disease and their caregivers. Offers advocacy, education, guidance, assistance, referrals and community resources. Workshop offered twice yearly. Gerontology Services: 618-234-4410, ext. 7033

AMBULANCE SERVICES

Abbot LifeForce EMS
4400 North Belt West
Belleville, IL 62226
618-233-4820
www.abbottems.org

Medstar Ambulance, Inc.
705 Bradbury Lane
P.O. Box 296
Sparta, IL 62286
618-234-3088
www.medstarems.net

Service Locations
Belleville, Swansea, Freeburg
618-234-3088

Fairview Heights
618-398-8833

Cahokia
618-332-3088

**AMERICAN ASSOCIATION
OF RETIRED PERSONS - AARP:**

AARP/VOTE

601 'E' Street, NW
Washington, D.C. 20049

www.aarp.org

AARP/VOTE is a non-profit, non-partisan voter education program of AARP, designed to yield an informed electorate about matters of concern to older persons. It will neither fund nor promote individual political candidates.

AARP LOCAL CHAPTERS:

Chapter 2827 Uptown

Wanda Clayton
204 Anna Street
Swansea, IL 62226
618-234-2573

Chapter 3643

Senior Complex
10025 Bunkum Rd.
Fairview Heights, IL 62208
Mary Gompers, President
44 Wayne Dr.
Fairview Heights, IL 62208
618-398-7795

Chapter 4299

Clyde Jordan Bldg.
6755 State St.
East St. Louis, IL 62203
Earnestine Walker, President
62 Phillips Dr.
Fairview Heights, IL 62208
618-394-3518

AMERICAN CANCER SOCIETY

Metro East Office
#5 Schiber Court
Maryville, IL 62062
618-288-2320

www.cancer.org

Reach to Recovery. This agency covers five counties in Southwestern Illinois. Provides transportation to and from treatment centers for cancer patients.

AMERICAN DIABETES ASSOCIATION

Gateway Region
10820 Sunset Office Drive, Suite 220
St. Louis, MO 63127
314-822-5490 (Missouri)
Fax: 314-822-5479

www.diabetes.org

Provides information and resources for persons with diabetes and interested family and friends. Emergency assistance program for one-month supply of insulin and syringes. Youth group and summer camps for children and teens with diabetes. Advocacy program for legislative and insurance issues.

AMERICAN HEART ASSOCIATION

Midwest Affiliate
6100 West 96th St., Suite 200
Indianapolis, IN 46278
800-229-1503
www.heart.org

**AMERICAN LUNG ASSOCIATION OF
ILLINOIS**

Southwest Region
17 Junction Dr., #236
Glen Carbon, IL 62034
618-344-8891 800-LUNG-USA
www.lungusa.org
Public education and research, information and referrals, and free quit-smoking counseling.

**AMERICAN PARKINSON'S DISEASE
ASSOCIATION**

660 South Euclid Ave.
St. Louis, MO 63110
314-362-3299
www.stlapda.org

AMERICAN RED CROSS

Bi-State Chapter
Fairview Heights Service Center
10218 Lincoln Trail
Fairview Heights, IL 62208
618-397-4600
www.redcross.org

Service area includes all of St. Clair, Madison and Monroe counties and Collinsville. Provides disaster relief to families affected by fire, tornado and other natural disasters. Administers Warm Neighbors program for Illinois Power and Rental Assistance Program for the Federal Emergency Management Agency (FEMA) when funds are available. Conducts courses in CPR, first aid and other health and safety courses, babysitting and disaster preparedness.

AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION

Greater St. Louis Chapter

2258 Weldon Parkway
St. Louis, MO 63146
888-873-8539
www.alsa.org

‘ALS’ (also known as Lou Gehrig’s Disease) is a progressive, fatal, neuromuscular disease that attacks the nerve cells and pathways in the brain and the spinal cord. This chapter provides a number of services including a social worker for information and guidance, respite care, loaned equipment and independent living aids, communication equipment, support groups, meetings, professional and community education and a newsletter. Serves Southern Illinois and Eastern Missouri.

AREA AGENCY ON AGING OF SOUTHWESTERN ILLINOIS, Area 8

2365 Country Road
Belleville, IL 62221
618-222-2561

Fax: 618-222-2567

www.answersonaging.com

Serves residents who are 60 years of age and older, in Counties of: Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington. A planning and coordinating agency that sets priorities and objectives for this region. Provides state and federal funds to non-profit organizations for direct services. Coordinates existing resources, establishes linkage with other services. **ELDER ABUSE:** Provides information about services for victims of elder abuse.

ARTHRITIS FOUNDATION

Greater Illinois Chapter

Alton Memorial Hospital
One Memorial Drive
Alton, IL 62002
618-463-7247

www.arthritis.org

A non-profit organization which provides support groups for individuals and families, plus community awareness, public education and research, information and referrals.

Office hours: Monday-Friday, 10 a.m. to noon

ASSISTANT ATTORNEY GENERAL

Illinois State Of:

Consumer Protection Services

201 West Pointe Drive, Suite 7
Belleville, IL 62226
618-236-8616

www.illinoisattorneygeneral.gov/consumers

ASSISTED LIVING

Belle Manor

225 W. B St.
Belleville, IL 62220
618-234-5457

Bradford Place

1463 Benchmark Court
Swansea, IL 62226
618-624-0683
www.bradfordseniors.com

Cambridge House

844 Cambridge Blvd.
O’Fallon, IL 62269
618-624-9900
www.bma-mgmt.com/cambridgehouseofallon

Cambridge House

3900 Sullivan Dr.
Swansea, IL 62226
618-234-8910
www.bma-mgmt.com/cambridgehouseswansea

Cedarhurst of Shiloh

429 South Main St.
Shiloh, IL 62269
618-622-9890
www.cedarhurstshiloh.com

Fountains of Shiloh, The
1201 Hartmann Lane
Shiloh, IL 62221
618-239-9282
www.fountainsshiloh.com

Four Fountains
101 South Belt West
Belleville, IL 62221
618-277-7700

Freeburg Terrace
4 Hill Mine Rd.
Freeburg, IL 62243
618-539-5856

Garden Place of Millstadt
208 S. Kossuth
Millstadt, IL 62260
618-476-1440
www.gardenplaceseniorliving.com

St. Francis Center
Our Lady of the Snows
726 Community Dr.
Belleville, IL 62223
618-394-6853

St. Paul's Home
1021 West E Street
Belleville, IL 62220
618-233-2095
stpaulshome.com

Sycamore Village
225 Castellano Drive
Swansea, IL 62226
618-222-2571
www.sycamorevillage.net
Specialty is care for Alzheimer's patients.

Village at Silver Creek, The
1227 Winding Oaks Lane
Mascoutah, IL 62258
618-566-4100
www.alsilvercreek.com

ATTORNEY GENERAL/U.S. GOVERNMENT
Southern Illinois District – U.S. Attorney
9 Executive Drive
Fairview Heights, IL 62208
618-628-3700
www.illinoisattorneygeneral.gov
Attorney General – Metro East IL
201 W. Pointe Dr., Suite 7
Belleville, IL 62226
618-236-8616

B

BEACON OF BELLEVILLE

1417 N. 17th St.

Belleville, IL 62223

618-222-8824

Fax: 618-397-6038

www.beaconministry.org

A social service clearinghouse operated by local churches to mobilize Christians to care for others.

BELLEVILLE PARKS & RECREATION

Belleville City of:

Main Office

510 West Main St.

Belleville, IL 62220

618-233-1416

www.belleville.net/departments/recreation

BETHANY PLACE

821 West A Street

Belleville, IL 62220

618-234-0291

www.bethanyplace.org

A non-profit AIDS Service Organization. Case management, nursing assessments, resource and referrals for physicians, housing, utilities, food, dental, transportation, mental health, social security and public aid assistance, support groups, volunteer program, social activities, client advocacy, drop-in and community education, testing, and prevention.

Monday-Friday, 8 a.m. to 4 p.m.

BETTER BUSINESS BUREAU OF ST. LOUIS

211 N. Broadway, #2060

St. Louis, MO 63102

314-645-3300

Fax: 314-645-2666

www.stlouis.bbb.org

Serves Eastern Missouri and Southern Illinois.

Provides customer experience records to inquiring public, advertising, monitoring, complaint handling and reports on charities.

BIG BROTHERS/BIG SISTERS OF SOUTHWESTERN ILLINOIS

6400 W. Main, Suite 1G

Belleville, IL 62223

618-398-3162

Trained volunteers are matched with children ages 7-14, providing a role model, friendship and a mentoring relationship.

C

CALL FOR HELP, INC.

9400 Lebanon Road
Edgemont, IL 62203
618-397-0968
Fax: 618-397-6836
www.callforhelpinc.org

Adult Residential Services	618-397-0977
Administration Office	618-397-0968
Emergency Mental Health Service	618-397-0963
Information and Referral Program (Food pantry information)	618-397-0996
Sexual Assault Program & Service	618-397-0975
Suicide & Crisis Intervention	618-397-0963
Transitional Living Ctr.	618-397-3076, ext. 153

Provides 24-hour, 7-day-per-week telephone service in areas of crisis and suicide intervention, psychiatric related problems, Sexual Assault Victim Counseling, referral to other community resources and short-term residential stays for specific populations.

CANCER TREATMENT CENTER

4000 North Illinois St.
Swansea, IL 62226
618-236-1000
www.thecancercenter.com

Program furnishes specialized information about cancer, treatments available and cancer support groups. Free and open to public, Monday through Friday until 3:30 p.m. Walk-ins welcome 8 a.m. to 5 p.m. Staffed by volunteers under direction of Oncology nurse. Physician directed.

CASE COORDINATION UNIT: (CCU)

618-236-5863
Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program.

Home-delivered meals assessments, elder abuse investigations.

CATHOLIC MINISTRY TO SICK AND AGED

2620 Lebanon Ave., Bldg. 6
Belleville, IL 62221

618-235-9991

www.psichurch.com/churches/104msa/index.html
Department of Catholic Diocese of Belleville
Ministering to the spiritual needs of the aged in long-term care facilities and Roman Catholic patients of Memorial Hospital. Sick room equipment available for loan to individuals living in private homes only. Care for the caregivers, advocacy training of MSA Volunteers.

CATHOLIC SOCIAL SERVICES DIOCESE OF BELLEVILLE

8601 West Main St., Suite 201
Belleville, IL 62223
618-394-5900

Individual, marriage and family counseling, adoption services, pregnancy care services, foster home placement of neglected and abused children, Don Bosco Children's Center.

CATHOLIC URBAN PROGRAM

7 Vieuxcarre Dr.
East St. Louis, IL 62203
618-398-5616

Serves needy persons with food, clothing and financial assistance.

CEMETERIES:

Green Mount Cemetery

679 South Green Mount Road
Belleville, IL 62220

Catholic: 618-234-4858

Protestant: 618-233-3017 (Tisch Monument)

Holy Cross Cemetery

9409 Holy Cross Rd.
Fairview Heights, IL 62208
618-397-0195

Lake View Memorial Gardens, Inc.

5000 N. Illinois St.
Fairview Heights, IL 62208
618-233-7200
www.lakeviewfuneralhm.com

Mount Carmel Cemetery

10101 West Main St.
Belleville, IL 62223
618-397-0181

Mount Hope Cemetery

9401 West Main St.
Belleville, IL 62223
618-397-0510
Offers Grief Group

Valhalla Gardens of Memory & Mausoleum

3412 Frank Scott Parkway
Belleville, IL 62223
618-233-3110
www.valhallagardensandfuneralhome.com

Walnut Hill Cemetery

Belleville, City of:
1101 Mascoutah Ave.
Belleville, IL 62221
(Office) 101 South Illinois St.
Belleville, IL 62220
618-257-3330

**CEREBRAL PALSY OF
SOUTHWESTERN ILLINOIS**

138 Union Place Courts, Suite 101
Belleville, IL 62220-4124
618-233-0210
www.cpswi.org

CHAMBERS OF COMMERCE**Fairview Heights Chamber of Commerce**

10003 Bunkum Road
Fairview Heights, IL 62208
618-397-3127
www.fairviewheightschamber.org

Greater Belleville Chamber of Commerce

216 East A St.
Belleville, IL 62220
618-233-2015
Fax: 618-233-2077
www.bellevillechamber.org

O'Fallon Chamber of Commerce

116 East First St.
P.O. Box 371
O'Fallon, IL 62269
618-632-3377
www.ofallonchamber.org

Swansea Chamber of Commerce

1400 North Illinois St.
Swansea, IL 62226
618-233-3938
www.swanseachamber.org

CITIZENS UTILITY BOARD (CUB)

800-669-5556

Represents consumers in utility hearings. CUB is a voluntary organization which hires experts; lawyers, accountants, economists and engineers, to represent consumers in cases related to utility increases and can propose ways for utilities to be more efficient.

COMMUNITY CARE SYSTEMS, INC.

5 Executive Woods
Swansea, IL 62226
618-277-3226
www.ccsicare.com
Services: Housekeeping, laundry, meal preparation, grocery shopping, escort to medical services, and personal care. Serves Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties.

CYSTIC FIBROSIS FOUNDATION

10801 Pear Tree Lane, Suite 110
St. Ann, MO 63074
314-733-1241
www.cff.org
Non-profit association, public education and research, information and referrals.

D

DENTAL REFERRAL SERVICES

Southern Illinois University School of Dental Medicine

Dental Clinic
2800 College Ave.
Alton, IL 62002
Information: 618-474-7000
www.siu.edu/eslc/dental.shtml

SIU Dental Center

601 James R. Thompson Blvd.
East St. Louis, IL 62201
618-482-6980
www.siu.edu/eslc/dental

DEVELOPMENTAL DISABILITY SERVICE OF METRO EAST

2900 Frank Scott Pkwy W., Suite 928
Belleville, IL 62223
618-236-7957 Fax: 618-236-7925
www.ddsme.org

An independent not-for-profit case coordination agency. Advocate and communication link between service providers, the individual with a developmental disability, and their family. Serves Madison and St. Clair counties.

DRIVER'S LICENSE EXAMINATION STATION

400 West Main
Belleville, IL 62220
618-236-8750
www.dmv.org

DRIVER IMPROVEMENT PROGRAMS

Driver Safety Courses

For those 55 years of age and older who are interested in receiving a discount on their automobile insurance. The course, offered in two half-day or evening sessions, gives the individual a chance to brush up on existing driving skills and pick up new ideas on how to drive safely and defensively. Trained volunteer instructors will help apply what is learned to the local driving situation.

Rules Of The Road Course

(For Written Test)

Prepares people for the driver's license written test. Course requires only a few hours and is offered free at following locations:

Southwestern Illinois College Programs and Services for Older Persons

201 North Church St.
Belleville, IL 62220
618-234-4410
www.swic.edu/PSOP

Senior Citizens Club of Belleville, Ill., Inc.

802 West C St.
Belleville, IL 62220
618-235-2387

E

ELDER ABUSE PROGRAM:

Senior Protective Services
#7 Executive Woods
Swansea, IL 62226
618-236-5863
HOT LINE: 800-252-8966 (8:30 a.m. to 5 p.m.)
After Hours: 866-800-1409

ELDERCARE LOCATOR PROGRAM:

HOT LINE: 800-677-1116
This program is a national Toll-Free Directory Service Assistance, giving callers access to an extensive network of staff and local organizations that serve older people.

ELDER LAW

Land of Lincoln Legal Assistance Foundation, Inc.

8787 State Street
East St. Louis, IL 62203
618-398-0958
www.lollaf.org
Serves St. Clair and Monroe Counties, making available free legal representation in civil cases for low-income people.

Land of Lincoln Ombudsman Program

Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

Land of Lincoln Senior Citizens Legal Services Project

Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

Nancy R. Larson, Attorney at Law
Heidi E. Dodd, Attorney at Law
201 South Jackson St.
Belleville, IL 62220
618-235-6335
219 East Main Street
Mascoutah, IL 62258
618-566-2911

Kristi Vetri, Esq.
5005 West Main St.
Belleville, IL 62226
618-257-8563

EMERGENCY RESPONSE LINE INFORMATION

American Red Cross Bi-State Chapter Lifeline services to the elderly
800-959-6989
www.redcrossstl.org

Lifeline
Personal Response Service, 24 hours a day, 365 days a year
618-234-4410, ext. 7040 for information
www.lifelinesys.com

St. Elizabeth's Hospital of Belleville
211 South 3rd St.
Belleville, IL 62222
618-234-2120, ext. 1280
www.steliz.org

**EMERGENCY SERVICES AND
DISASTER AGENCY**

St. Clair County EMA
110 W. Washington
Belleville, IL 62220
618-825-2682 Fax: 618-825-2750
[www.co.st-clair.il.us/Departments/Emergency+
Services+and+Disaster+Agency/](http://www.co.st-clair.il.us/Departments/Emergency+Services+and+Disaster+Agency/)

East St. Louis ESDA

120 N. 3rd St.
East St. Louis, IL 62201
618-482-6873

**EPILEPSY FOUNDATION OF
SOUTHWESTERN ILLINOIS**

140 Iowa Avenue, Suite A
Belleville, IL 62220
618-236-2181 Fax: 618-236-3654
www.epilepsyfoundation.org
Offers counseling to individuals and families,
community awareness, information and referral,
and advocacy concerning epilepsy. Support Groups:
Children's Camps and 24-hour residential services.
Serves Bond, Clinton, Madison, Monroe, Randolph,
St. Clair and Washington counties.

**EQUAL EMPLOYMENT OPPORTUNITY
COMMISSION**

500 West Madison Street, Suite 2800
Chicago, IL 60661
312-353-2713 (main) 800-669-4000 (information)
www.eeoc.gov/field/Chicago

F

FAITH IN ACTION

2620 Lebanon Ave.
Belleville, IL 62221
618-537-9590

FAITH IN ACTION

222 Goethe
Collinsville, IL 62034
344-8080

FEDERAL BUREAU OF INVESTIGATION

Department of Justice
6701 North Illinois
U.S. Bank Building
Fairview Heights, IL 62208
618-397-4401
www.fbi.gov

**FEDERAL RETIRED EMPLOYEES
NATIONAL ASSOCIATION**

(See Retired Federal Employees)

FOOD PANTRIES

See 'Call for Help, Inc.'
Food Pantry Information

Community Interfaith Food Pantry

205 West B Street
Belleville, IL 62220
618-355-9199

Fairview Heights Food Pantry

412 Saint Clair Road
Fairview Heights, IL 62208
618-398-0292

Shiloh Food Pantry

Spring Valley Baptist Church
522 Maple St.
Shiloh, IL 62269-3805
618-632-6706

FUNERAL HOMES:**Barnes, John Funeral Home**

220 West Washington Street
Millstadt, IL 62260
618-397-3350

Gaerdner, Pete Funeral Home

250 Lebanon Ave.
Belleville, IL 62220
618-234-0419

James W. & Creason Funeral Home

220 West Washington Street
Millstadt, IL 62260
618-476-3111

Kassly Mortuary, Ltd.

9900 St. Clair Ave.
Fairview Heights, IL 62208
618-398-1122
www.kasslyfuneral.com

Kurrus Funeral Home

1773 Frank Scott Pkwy W.
Belleville, IL 62223
618-235-2100
www.kurrusfh.com

Lake View Memorial Gardens and Funeral Home

5000 N. Illinois St.
Fairview Heights, IL 62208
618-233-7200
www.lakeviewfuneralhm.com

Nash Funeral Home

144 N. 16th St.
East St. Louis, IL 62205
618-874-9225
www.nashfuneralhome.com

Officer Funeral Home

2114 Missouri Ave.
East St. Louis, IL 62205
618-874-4244
www.officerfh.com

Renner, George & Sons Funeral Home

120 N. Illinois St.
Belleville, IL 62220
618-233-5400
www.rennerfh.com

Russell Memorial Chapel Funeral Home

7916 State St.
East St. Louis, IL 62203
618-397-9510

Schildknecht Funeral Home

301 S. Lincoln Ave.
O'Fallon, IL 62269
618-632-3713 or 618-398-1141
Fax: 618-632-3732
www.schildknechtfh.com

Serenity Memorial Chapel

3416 West Main
Belleville, IL 62223
618-233-6000
www.serenitymemorialchapel.com

Valhalla & Holten Funeral Home

Valhalla Gardens of Memory
3412 Frank Scott Pkwy. W.
Belleville, IL 62223
618-233-3110
www.valhallagardensandfuneralhome.com

Wolfersberger Funeral Home

102 West Washington St.
O'Fallon, IL 62269
618-632-3681
www.wfh-ofallon.com



GATEWAY FOUNDATION, INC.

Drug and Alcohol Outpatient Program:
7 North High St., Third Floor
Belleville, IL 62220
618-234-9002
www.recovergateway.org

600 West Lincoln St.
Caseyville, IL 62232
618-345-3970

GENERAL ASSISTANCE

SEE TOWNSHIPS:

Assistance to low income or unemployed persons.
Serves residents to 65 years of age. Advisable to
make an appointment.

GUARDIANSHIP/ADVOCACY

COMMISSION:

Illinois State of:
4500 College Ave., Suite 100
Alton, IL 62002
618-474-5503
Fax: 618-474-5517
www.gac.state.il.us

Three Divisions: Guardianship, Legal Advocacy
Services and Human Rights Authority. Advocacy
investigations of alleged rights violations and abuse
of disabled and elderly persons. Attends to the well-
being, treatment and financial conditions of persons
in Nursing Homes.

H

HANDICAPPED LICENSE PLATES AND PARKING CARDS

Illinois State Of:

SENIOR TOLL-FREE NUMBER

800-252-2904

Monday-Friday, 8-10 a.m. and 1-3 p.m.

HEALTH DEPARTMENTS:

East Side Health District

Administration Office:

650 North 20th St.

East St. Louis, IL 62205

618-271-8722

1274 Camp Jackson Road

Cahokia, IL 62206

618-337-1478

5540 Bunkum Road

Washington Park, IL 62204

618-874-4627

St. Clair County

19 Public Square, Suite 150

Belleville, IL 62220-1624

618-233-7703

HILL BURTON ACT – HOSPITALS

800-638-0742

Hospitals using Hill Burton Funds are required, by law, to provide a reasonable amount of services without charge, and to furnish information on free health care for those who cannot afford to pay.

You must be an in-house hospital patient to apply.

Look for signs and literature concerning this benefit in the hospital where you are being admitted. If you think you might be eligible, contact the hospital's Patient Accounting Department or the Business Office before being discharged.

HOLY ANGELS SHELTER

1410 North 37th St.

East St. Louis, IL 62204

618-874-4079

Provides shelter care and services to homeless women and children (no men allowed), regardless of age, color or race.

HOME HEALTH CARE AGENCIES:

A Living Angel Home Care Ltd.

37 Granvue Drive

Belleville, IL 62223

618-398-8440

www.alivingangelhomecare.com

Addus Healthcare, Inc.

141 Market Place, #200

Fairview Heights, IL 62208

618-394-1022

Anderson Home Health Services

6800 State Route 162

Maryville, IL 62062

618-288-9355

Barbervoss Home Health

122 Lincoln Place Court, Suite 202

Belleville, IL 62221

618-257-3444

www.barbervoss.com

Christian Home Care Services

115 W. Randle

Lebanon, IL 62254

618-537-9590 618-537-2636

www.chcsinc.org

Volunteer interfaith caregivers provide transportation and more.

Gibson Health Services
1468 State St.
East St. Louis, IL 62202
618-274-6026

Heartland Home Health and Hospice
333 Salem Pl., Suite 165
Fairview Heights, IL 62208
618-632-0304

Help At Home, Inc.
1830 Vaughn Road
Wood River, IL 62095
www.helpathome.com
618-258-1155

Home Helpers of Southwestern Illinois
200 W. 3rd St., #712
Alton, IL 62002
618-462-2762
www.homehelpers.cc

Home Instead Senior Care
2321 Country Road
Belleville, IL 62221
618-234-7640
www.homeinstead.com

Living Angels Senior Care
37 Granvue Drive
Belleville, IL 62223
618-398-8440
www.alivingangelhomecare.com

Mederi Home Health Care
13 Executive Drive, Suite 12
Fairview Heights, IL 62208
618-277-8899

Mediplex Health Professionals
10700 Lincoln Trail Dr., Suite D
Fairview Heights, IL 62208

Memorial Hospital Home Care
4500 Memorial Dr.
Belleville, IL 62226
618-233-7750, ext. 5700

Morning Glory Home Care, Inc.
P.O. Box 842
Edwardsville, IL 62025
618-667-8400
618-692-6462

St. Elizabeth's Home Health
Services of Belleville
211 S. 3rd St.
Belleville, IL 62222
618-277-9360

St. John's Home and Community Care
222 Goethe Ave.
Collinsville, IL 62234
618-344-0276
Faith in Action
618-344-8080
www.stjohnscc.org

Southern Illinois Home Care
100 North 8th St., #238
East St. Louis, IL 62201
618-274-9105

Visiting Angels
4 South Church Street, Suite 212
Belleville, IL 62220
618-257-2200
Fax: 618-257-2205
www.visitingangels.com

Southwestern Illinois
Visiting Nurse Association
7 Executive Woods Court, Suite A
Swansea, IL 62226
618-236-5800
800-642-5429

VIP Healthcare Professionals
2600 West Blvd.
Colonial Square Office Park
Belleville, IL 62221-5605
618-235-2273
www.vip-healthcare.net

We Sit Better
P.O. Box 832
Collinsville, IL 62234
618-398-3064

HOMESTEAD TAX EXEMPTION

St. Clair County:

St. Clair County Court House

10 Public Square

Belleville, IL 62220

618-277-6600, ext. 2493, 2489 or 2488

If you are 65 years of age or older, own and reside in your own home, you are eligible for a \$3500 tax deduction off the assessed value of your property. You must show the deed to your home along with your age identification (state I.D. or driver's license/current address only).

HOSPICE SERVICES

Family Hospice

5110 West Main Street

Belleville, IL 62226

618-277-1800

www.familyhospice.org

Provides physical, emotional, spiritual and psychosocial support to patients and their families when faced with a terminal illness. On-call emergency service, 24 hours a day, 7 days a week.

Heartlinks

Provides ongoing grief counseling for children and young adults. Open to all at no cost.

618-277-1800

Hospice of Southern Illinois, Inc.

305 South Illinois St.

Belleville, IL 62220

618-235-1703 800-233-1708

www.hospice.org

Hospice of Southern Illinois, Inc. (HSI) provides a team of caring individuals who respond to the physical, psychosocial, emotional and spiritual needs of terminally ill people and their families. HSI is licensed to serve the approximate lower one third of the state and offers comfort care in hospitals, nursing homes and in-home settings.

Unity Hospice

907 N. Bluff Road, Suite 3

Collinsville, IL 62234

618-346-1111

888-394-1055

www.unityhospice.com

A non-profit organization certified by Medicare and Medicaid. Provides a full range of services to meet special needs of terminally ill patients and their families. Trained interdisciplinary team includes physician, nurses, social workers, home health aids, spiritual counselor and clergy volunteers; physical, occupational, and speech therapists; dietary consultant and a bereavement program. Does not discriminate on basis of age, race, gender, creed, national origin, color or handicap.

HOSPITALS:

Kenneth Hall Regional Hospital

129 N. 8th St.

East St. Louis, IL 62201

618-274-1900

www.touchette.org

Memorial Hospital

4500 Memorial Dr.

Belleville, IL 62226

618-233-7750

www.memhosp.com

St. Elizabeth's Hospital

of Belleville

211 South 3rd St.

Belleville, IL 62222

618-234-2120

www.steliz.org

Touchette Regional Hospital

5900 Bond Ave.

Centreville, IL 62207

618-332-3060

www.touchette.org

HOUSING AUTHORITY – ST. CLAIR COUNTY

Belleville Central Offices

1790 South 74th St.

Belleville, IL 62223

618-277-3290

www.sccha.org

East St. Louis-Executive Office

700 N. 20th St.

East St. Louis, IL 62205

618-271-0498

Provides housing for low and middle income Senior Citizens and families who meet the requirements. Projects are located throughout the county. Also provides housing assistance payments to limited number of approved landlords. Rents decent housing to eligible families. Must pay portion of rent and the utilities, but the amount is adjusted by some percent of income. Assistance is funded under HUD's Section Eight Program.

HUMAN SERVICES, DEPARTMENT OF:

State of Illinois

800-843-6154

www.dhs.state.il.us

Alcoholism and Substance Abuse,

Children and Family Services,

Department of Corrections,

Developmental Disabilities,

Mental Health, Public Aid,

Public Health, and Rehabilitation Services

Office of Rehabilitative Services

Services for Visually Impaired

601 South High St.

Belleville, IL 62220

618-235-5302

St. Clair County

Dept. of Human Resources

225 North 9th Street

East St. Louis, IL 62201

618-583-2300

Medical Assistance

Medical Assistance Program provides for payment of allowable medical care received by public aid grant recipients and certain other individuals and families who do not need assistance to meet their general living costs, but who do require help in meeting the cost of medical bills.

State Supplemental Payments

To the Aged, Blind and Disabled:

Individuals in financial need, 65 years of age and older or who are any age but are blind or severely disabled as defined by the Social Security Administration and who have income insufficient to meet their basic maintenance needs, may be eligible for a State Supplemental Payment. Persons who have applied for the Federal Supplemental Security Income (SSI) Program through their local Social Security Office and have not yet been notified of their eligibility status may be eligible for a State Grant (Interim Assistance) while eligibility for the Federal Program is being determined.

Food Stamp Program

Applications to participate in the Food Stamp Program are available to everyone without regard to race, age, sex, color, handicap, religion, national origin or political belief.

Direct Deposit

Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Your Public Aid Office can answer any questions.

I

ILLINOIS DEPT. ON AGING

Charles Johnson, Director
421 East Capitol Ave., Suite #100
Springfield, IL 62701-1789
217-785-3356
Fax: 217-785-4477
www.state.il.us/aging

ILLINOIS HEALTH CARE FRAUD TASK FORCE HOT LINE

618-394-5651
A task force consisting of federal, state and local law enforcement officials who look into health care fraud. Anyone possessing information regarding health care fraud can call the hot line.

INDEPENDENT LIVING (see Retirement Communities)

INSURANCE INFORMATION

Illinois State of:
Insurance Department
Consumer Service
320 West Washington St.
Springfield, IL 62767
217-782-4515

INTERGOVERNMENTAL GRANTS DEPARTMENT (IGD)

St. Clair County
19 Public Square, Suite 200
Belleville, IL 62220
618-277-6790
[www.co.st-clair.il.us/Departments/
Intergovernmental+Grants](http://www.co.st-clair.il.us/Departments/Intergovernmental+Grants)

IGD provides a wide range of programs and services to individuals, communities and businesses with federal and state funded grants dispersed to St. Clair County. Programs administrated are: Employment and Training Program designed specifically to train and place participants in permanent employment. The Community Development Program which provides funds to communities for public works projects, also for rehab programs for home owners and an economic development revolving loan program, Community Services Grant which provides emergency and social services to clients. Weatherization and Energy Assistance Programs are also available.

INTERNAL REVENUE SERVICE (IRS)

U.S. Government of:
Fairview Heights Office
380 Office Court
Fairview Heights, IL 62208
618-632-2567

Illinois Dept. of Revenue
15 Executive Drive, Suite 2
Fairview Heights, IL 62208
618-624-6773

K

**KIDNEY FOUNDATION, NATIONAL
OF EASTERN MISSOURI AND METRO
EAST**

10803 Olive Blvd., Suite 200

St. Louis, MO 63144

314-961-2828

Fax: 314-961-0888

www.kidney.org

A National Health Council approved volunteer agency, providing education research and patient community services.

L

LAND OF LINCOLN LEGAL ASSISTANCE FOUNDATION, INC.

8787 State Street
East St. Louis, IL 62203
618-398-0958
www.lollaf.org

Serves St. Clair and Monroe counties, making available free legal representation in civil cases for low-income persons.

Land of Lincoln Senior Citizens Legal Services Project

Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

Land of Lincoln Ombudsman Program

Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

LESSIE BATES DAVIS NEIGHBORHOOD HOUSE

1200 N. 13th St.
East St. Louis, IL 62205
618-874-0777
www.lessiebatesdavis.org

A United Methodist Multi-Purpose Community Center. This agency seeks to strengthen families and to create a better quality of life for young and old alike. Through the Service to Older Adults Program, many of the elderly are able to remain independent in their own homes. Neighborhood House staff provide meal preparation, cleaning, laundry, shopping and escort to medical facilities. Adult day services also provided.

LEUKEMIA AND LYMPHOMA SOCIETY

Gateway Chapter
77 Westport Plaza, Suite 101
St. Louis, MO 63146
314-878-0780 800-264-2873
www.lls.org

Serves residents of Eastern Missouri, Southern Illinois and Arkansas. Provides: financial assistance to patients; the First Connection Peer Support Program; family support groups; professional and Public Education; and free educational literature.

LIFELONG LEARNING

Classes for Older Adults
Southwestern Illinois College
2500 Carlyle Ave.
Belleville, IL 62221
618-235-2700, ext. 5540

LINC, INC.

1 Emerald Terrace
Swansea, IL 62226
618-235-9988
TDD 618-235-0451
Fax: 618-233-3729
www.lincinc.org

Living Independently Now Center (LINC) is a consumer-driven, community-based non-residential, not-for-profit corporation. Provides services to persons of all ages with all types of disabilities, plus information and referrals, individual advocacy, peer counseling, training in independent living skills, and home services. Sign language interpreting and technical assistance regarding accessibility are also provided. Serves Monroe, St. Clair and Randolph counties.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) See "IGD"

LUPUS FOUNDATION OF AMERICA, INC.

Missouri Chapter
5701 Columbia Ave.
St. Louis, MO 63139
314-644-2222
www.lupus.org

Provides public education about Systemic or Discoid Lupus Erythematosus and hosts support groups.

LUTHERAN CHILD & FAMILY SERVICES OF ILLINOIS

317 W. Main St.
Belleville, IL 62220
618-257-2493
www.lcfs.org

M

MAIL – U.S. POSTAL SERVICES
U.S. Government of:/U.S. Post Offices
www.usps.com

Alorton Branch
4825 Bond Ave.
Alorton, IL 62207
618-874-3736

Belleville Main Office
120 West Washington St.
Belleville, IL 62220
618-233-0390

Cahokia Branch
801 Range Lane
Cahokia, IL 62206
618-332-3571

Caseyville Office
113 South Long St.
Caseyville, IL 62232
618-344-4594

Dutch Hollow/Swansea Station
5731 Mt. Pleasant Lane
Belleville, IL 62223
618-397-6616

East St. Louis Office
950 Missouri Ave.
East St. Louis, IL 62201
618-875-0200

Edgemont Station
8701 State St.
East St. Louis, IL 62203
618-398-3594

Fairview Heights Carrier Station
10218 Lincoln Trail
Fairview Heights, IL 62208
618-398-0964

Fairview Heights Postal Store
10850 Lincoln Trail, Unit 20
Fairview Heights, IL 62208
618-397-5044

Lebanon Office
201 East St. Louis St.
Lebanon, IL 62254
618-537-4439

O'Fallon Office
1111 South Lincoln Ave.
O'Fallon, IL 62269
618-632-4691

Washington Park Branch
6110 Forest Blvd.
Washington Park, IL 62204
618-874-3826

MEDICAL CENTERS

Belleville Oncology Center
7300 Twin Pyramid Parkway
Belleville, IL 62223
618-277-5882
www.bellevilleoncology.com

Gateway Regional Medical Center
2100 Madison Ave.
Granite City, IL 62040
618-798-3000
618-798-3200 Home Health Services
618-798-3800 Senior Circle Program
www.gatewayregional.net

Belleville Surgical Center
28 North 64th St.
Belleville, IL 62223
618-398-5705
www.bellevillesurgical.com

Illinois Oncology, Ltd.
4000 N. Illinois Lane, #C
Swansea, IL 62226
618-233-8000
www.illinoisoncology.com

Memorial Healthcare Centers
800 East Highway 50
O'Fallon, IL 62269
618-624-7042

310 Seven Hills Road
O'Fallon, IL 62269
618-622-2590
Radiology, lab, diagnostic, physical therapy – and at
Highway 50 Center, mammography.

**Memorial – St. Elizabeth's
Cancer Treatment Center**
4000 N. Illinois
Swansea, IL 62226
618-236-1000

St. Elizabeth's Hospital Diagnostic Center
St. Elizabeth's Medical Park
1512 North Greenmount Road
O'Fallon, IL 62269
618-624-3750
www.steliz.org/services/urgicare_ofallon.php
Urgent Care Center open 7 days a week,
8 a.m. to 8 p.m.
(Closed Thanksgiving and Christmas)

St. Elizabeth's Medical Plaza
739 N. Jefferson St.
Mascoutah, IL 62258
Physical Therapy Services 618-566-4900
Rural Family Medicine 618-566-8810

**St. Elizabeth's Hospital/Southwestern Illinois
College Wellness Center**
Programs and Services for Older Persons
201 North Church St.
Belleville, IL 62220
618-234-4410, ext. 7033
Encourages and assists older adults to take positive
and responsible action to improve their health.
Activities of the Wellness Clinic are designed to
improve physical and emotional well-being. Blood
pressure screenings, flu shots, lectures and workshops,
individual screenings and health related classes.
Staffed by a registered nurse from St. Elizabeth's
Hospital of Belleville Gerontology Services.

SIUE School of Nursing
Community Nursing Services
SIUE East St. Louis Center
601 James R. Thompson Blvd., Building D-2015
East St. Louis, IL 62201
618-482-6959

www.siu.edu/nursing
Services are offered in the clinic at the SIUE
East St. Louis Center, and in churches, homes,
businesses and senior centers. The following
services are provided by nurse practitioners:
routine health histories, physical exams,
screening tests, immunizations, education
programs and a memory assessment program.

USAF Medical Center
375 MDG (Medical Group)
310 West Losey St.
Scott Air Force Base, IL 62225
618-256-7500
www.scott.af.mil

MEDICAL EQUIPMENT AND SUPPLIES

MediEquip
22 Lincoln Highway
Fairview Heights, IL 62208
618-622-9800

MENTAL HEALTH CENTERS

Chestnut Health Systems
12 North 64th St., Suite 5
Belleville, IL 62223
618-397-0900
Fax: 618-397-0093
www.chestnut.org

Comprehensive Behavioral Health Center
of St. Clair County, Inc.
3911 State St.
East St. Louis, IL 62205
618-482-7330
www.cmhc1.org

**Memorial Mental Health and
Counseling Services**
4500 Memorial Drive
Belleville, IL 62226
618-233-7750, ext. 5494
Outpatient counseling for stress, anxiety, depression
and drug/alcohol abuse.

Memorial Senior Care

4500 Memorial Drive
Belleville, IL 62226
618-257-5900
Fax: 618-257-5463

Intensive outpatient mental health program addressing the unique needs of the older adult. Primarily group therapy.

Provident Counseling

141 Market Place Drive
Fairview Heights, IL 62208
618-398-7250
Fax: 618-398-6870

www.providentstl.org

Provides counseling services to individuals, couples and families on a sliding-fee scale. Some of the problems addressed include alcohol, drugs, divorce, anxiety, depression and childhood problems. Also, programs for perpetrators of domestic violence.

St. Elizabeth's Behavioral Medicine

211 South 3rd Street
Belleville, IL 62220
618-234-2120, ext. 1555

SWIC/PSOP Older Adult Counseling Center

201 North Church St.
Belleville, IL 62220
618-234-4410, ext. 7031

**MIND'S EYE INFORMATION SERVICE
FOR BLIND AND PRINT HANDICAPPED**

9541 Church Circle Drive
Belleville, IL 62223
618-394-6221

www.mindseyeradio.org

Radio Information Services broadcasts over 110 hours of programming, Monday through Friday (7 a.m. to midnight), Saturdays and Sundays (8 a.m. to 11 p.m.) exclusive to the blind and print-handicapped persons in the Metro Area. Provides reading of the newspapers, magazines, books and periodicals and interviews with professionals in the field of rehabilitation. Individual closed circuit receivers are provided on a permanent loan basis. Service is also available to many area nursing homes via Low Power AM transmitters.

MULTIPLE SCLEROSIS SOCIETY

Gateway Area Chapter
1867 Lackland Hills Parkway
St. Louis, MO 63146
314-781-9020 800-FIGHT-MS

www.nationalmssociety.org

This organization serves people with Multiple Sclerosis and their families by providing information and support through a daytime help line. Provides resources which enhance the quality of life for those with MS, plus information on current research programs on the local and national levels. Serves 90 counties in Eastern Missouri and Southern Illinois.

MUSCULAR DYSTROPHY ASSOCIATION

345 Marshall Ave., Ste. 101
St. Louis, MO 63119

314-962-0023

Health Services

314-683-2041

www.mdausa.org

Mississippi Valley Chapter serves persons with Muscular Dystrophy and related neuromuscular diseases in St. Louis City/County and in 13 out-of-state counties. Illinois Counties: Madison, Monroe, St. Clair, Randolph, Bond, Clinton, Fayette and Jefferson.

MYASTHENIA GRAVIS FOUNDATION

7514 Forest View
St Louis, MO 63121

314-382-7490

www.myasthenia.org

Serves residents of Eastern Missouri and Southern Illinois. Provides referrals and information on Myasthenia Gravis.

N

NATIONAL SHRINE OF OUR LADY OF THE SNOWS

442 S. Demazenod Dr.
Belleville, IL 62223
618-397-6700
www.snows.org

NURSING HOMES

Atrium Healthcare and Rehab Center

3354 Jerome Lane
Cahokia, IL 62206
618-337-9823

Cahokia Nursing and Rehab Center

#2 Annabel Court
Cahokia, IL 62206
618-332-0114

Caseyville Nursing & Rehab Center

601 West Lincoln St.
Caseyville, IL 62232
618-345-3072

Cedar Ridge Senior House & Rehab

One Perryman St.
Lebanon, IL 62254
618-537-6165

Collinsville Rehab and Health Care Center

614 North Summit Ave.
Collinsville, IL 62234
618-344-8476
www.petersenhealthcare.net

Dammert Geriatric Center

Our Lady of the Snows
726 Community Drive
Belleville, IL 62223
618-394-6262
www.apartmentcommunity.org

Faith Countryside Homes

100 Faith Dr.
Highland, IL 62249
618-654-4600
www.faithcountryside.org

Four Fountains Nursing Home

101 South Belt West
Belleville, IL 62220
618-277-7700

Freeburg Care Center

746 Urbanna Drive
Freeburg, IL 62243
618-539-5856
www.freeburgcarecenter.com

Grange Nursing Home

901 N. 10th St.
Mascoutah, IL 62258
618-566-2183

Land of Lincoln Ombudsman Program

618-398-0958
Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

Lebanon Care Center

1201 N. Alton St.
Lebanon, IL 62254
618-537-4401

Lebanon Terrace

221 East 3rd St.
Lebanon, IL 62254
618-537-4133

Lincoln Home, Inc.

150 N. 27th St.
Belleville, IL 62226
618-235-6600
www.thelincolnhome.com

Mar-Ka Nursing Homes, Inc.
201 S. 10th St.
Mascoutah, IL 62258
618-566-8000

Memorial Convalescent Center
4315 Memorial Dr.
Belleville, IL 62226
618-257-5056

Midwest Care Center
727 N. 17th St.
Belleville, IL 62226
618-234-3323

New Athens Home for the Aged
203 South Johnson St.
New Athens, IL 62264
618-475-2550
www.newathenshome.org

Park Haven Care Center
107 South Lincoln St.
Smithton, IL 62285
618-235-4600

Rosewood Care Center
100 Rosewood Village Dr.
Swansea, IL 62226
618-236-1391
www.rosewoodnursing.com

St. Paul's Home
1021 West "E" St.
P.O. Box 347
Belleville, IL 62220
618-233-2095
www.stpaulshome.com

Swansea Rehab & Care Center
1405 North 2nd St.
Swansea, IL 62226
618-233-6625

**Virgil Calvert
Nursing and Rehab Center**
5050 Summit Ave.
East St. Louis, IL 62203
618-874-3597

Willowcreek Rehab and Nursing Center
40 North 64th St.
Belleville, IL 62223
618-397-8400

NUTRITION AND COMMUNITY CENTERS

Brooklyn Senior Center
301 S. 4th St.
Lovejoy, IL 62059
618-874-1244

Callie Boyd Community Center
(No meals)
701 S. 47th St.
Centreville, IL 62207
618-274-4206

Clyde Jordan Center
6755 State St.
East St. Louis, IL 62203
618-293-6700

Macke Senior Center
815 N. Borders St.
Marissa, IL 62257
Home-delivered meals
618-295-3474

Mascoutah Senior Service Program
227 North Market St.
Mascoutah, IL 62258
Home-delivered meals, senior lunches and activities.
Monday-Friday, 8 a.m. to 1 p.m.
618-566-8758

Millstadt Township Senior Services
102 South Jefferson St.
Millstadt, IL 62260
618-476-3731
Home-delivered meals, congregate meals, transportation and activities.

O'Fallon Township
801 East State Street
O'Fallon, IL 62269
618-610-3610



OLDER WOMEN'S LEAGUE (OWL)

1025 Connecticut Ave. NW, Suite 701

Washington, D.C. 20036

877-653-7966

Fax: 703-812-0687

www.owl-national.org

OWL is a grassroots organization advocating for economic and social equity of midlife and older women. It offers fact sheets on issues such as social security, pensions and women's health.

P

PARENTS AND FRIENDS OF THE SPECIALIZED LIVING CENTER

1450 Caseyville Ave.

Swansea, IL 62226

618-277-7730 618-397-6877

www.pafslc.org

PARKINSON'S DISEASE SUPPORT GROUP

For persons with Parkinson's Disease and their caregivers. Offers advocacy, education, guidance, assistance, referrals, community resources, exercise classes and gerontology services. Meets monthly.
618-234-4410, ext. 7033

PHYSICIANS' SERVICES

Physicians Referral Services St. Clair County Medical Society

6400 West Main St.

Belleville, IL 62223

618-397-8390

This service can help locate a family doctor or specialist who will accept new patients.

St. Louis University/ Belleville Family Health Center

St. Elizabeth's Medical Arts Bldg.

180 South Third St., 3rd Floor

Belleville, IL 62220

618-233-5480

POISON CONTROL CENTER

Illinois Poison Center

1753 West Congress Parkway

Chicago, IL 60612

312-942-5969

Fax: 312-627-8006

www.illinoispoisoncenter.org

**PUBLIC AID, DEPARTMENT OF
Illinois, State of: St. Clair County**
(See Human Services, Dept. of)

R

RADIO INFORMATION SERVICE

(see Mind's Eye)

RAILROAD RETIRED EMPLOYEES CLUB

Lloyd Metz Chapter

618-337-1177

www.railwayemployee.com

REHABILITATION SERVICES, DEPARTMENT OF: (DRS)

Illinois, State of:

Belleville

601 South High St.

Belleville, IL 62220

618-235-5300

TDD: 618-235-4051

Toll Free: 888-460-5133

Vocational Rehabilitation: Eligibility evaluation, vocational counseling and planning, training, physical restoration, job placement, and other vocational services as necessary.

Requirements: Presence of a substantial vocational handicap must be established through medical information and an ability to benefit from services in terms of work. Home Services: chores and housekeeping, homemaker, home health and respite. Requirements: Individual must be under 60 years of age and in danger of institutionalization without services.

RETIRED FEDERAL EMPLOYEES – NATIONAL ASSOCIATION

Building 50

Scott AFB, IL

618-256-9350

www.narfe.org

An organization to assist and support retired Federal civilian employees. NARFE Chapter 1019 Service Center operates every Tuesday only, 10 a.m. to 2 p.m. At other times, call Gene Wiggins at 618-566-7980.

RETIREMENT COMMUNITIES

Apartment Community of Our Lady of the Snows

726 Community Drive

Belleville, IL 62223

618-394-6852

800-533-6279

www.apartmentcommunity.org

Bradford Place

1463 Benchmark Court

Swansea, IL 62226

618-624-0683

www.bradfordseniors.com

Carriage House Apartments

115 E. B Street

Belleville, IL 62220

618-277-6900

Cedars of Lebanon Apts.

600 South Horner St.

Lebanon, IL 62254

618-537-6112

Charles Gardens Retirement Community

120 South Ruby Lane

Fairview Heights, IL 62208

618-398-2225

Fountains of Shiloh, The

1201 Hartman Lane

Shiloh, IL 62221

618-239-9282

www.fountainsshiloh.com

Garden Place

208 S. Kossuth

Millstadt, IL 62260

618-476-1440

www.gardenplaceseniorliving.com

Grand Court, The
201 South Belt West
Belleville, IL 62220
618-235-9300

Grand Manor
58 Frank Scott Parkway E.
Swansea, IL 62226
618-257-1400

Housing Authority – St. Clair County
Belleville Central Offices
1790 South 74th St.
Belleville, IL 62223
618-277-3290
www.sccha.org

East St. Louis – Executive Office
700 N. 20th St.
East St. Louis, IL 62205
618-271-0498

Knollwood
921 Knollwood Dr.
Caseyville, IL 62232
618-971-5585
www.knollwoodstclair.com

Meredith Memorial Home
16 South Illinois St.
Belleville, IL 62220
618-233-8780

O’Fallon Apts.
750 Weber Road
O’Fallon, IL 62269
618-632-9817

St. Clair Village
1428 Windcliff Dr.
Swansea, IL 62226
618-234-2203

St. Paul’s Home & Retirement Apartments
901 West E St.
Belleville, IL 62220
618-233-2318
www.stpaulshome.com

Westfield Manor
7245 Westfield Plaza Drive
Belleville, IL 62223
618-233-5506

Wingate Manor Apartments
161 Wingate Blvd.
Shiloh, IL 62221
636-728-5100

REVENUE, DEPT. OF:
Illinois, State of:
Regional Office
15 Executive Drive, Suite 2
Business Center One
Fairview Heights, IL 62208
618-624-6773
TAXPAYER INFORMATION
800-732-8866
www.revenue.state.il.us

S

ST. CLAIR ASSOCIATED VOCATIONAL ENTERPRISES, INC. (SAVE)

3001 SAVE Road
Belleville, IL 62221
618-234-1992 Fax: 618-234-1990
www.saveorg.org

A not-for-profit agency providing day training, residential, and job placement services to adults with physical and/or developmental disabilities who are 18 years of age or older.

ST. CLAIR COUNTY OFFICE ON AGING

201 North Church Street
Belleville, IL 62220
618-234-4410, ext. 7056, 7044 or 7081
Develops coordination and cooperation among County services for the purpose of maximizing resources to serve senior citizens.

Active Seniors Club:

Activities include twice-monthly billiards and bowling, weekly Walks of Wellness and ballroom dance class. New activities are developed on an ongoing basis. Membership is free

Caregiver Workshops:

Free caregiver's workshops are presented throughout the year. If you are providing emotional, physical or financial support to an older adult, or think you may need to in the future, these informational workshops may be of interest to you.

Evening dinner dances:

Themed dinner dances are held with live music and a meal.

Health & Wellness Workshops:

These include informative workshops and health care screenings targeted to seniors to improve overall wellness.

Lunch with a Doctor:

A monthly educational seminar with a health care provider in partnership with St. Elizabeth's Hospital.

Metro Passes:

The Office on Aging issues Metro passes to seniors 65+ and disabled riders on Mondays at Programs & Services for Older Persons and twice a month on Wednesdays at Clyde Jordan Senior Center in East St. Louis.

Monthly Movies:

Every other month a group meets at a local movie theatre to see a matinee and on alternate months Popcorn and a Movie is offered at Programs & Services for Older Persons.

Senior Transit Express Program (STEP):

From April through October, two trips are offered monthly for seniors to learn how to navigate MetroLink and Metro buses in the local and St. Louis areas. These trips are free and include a box lunch at the conclusion of each excursion.

Ten Toe Program:

12-week program offered in spring and fall to encourage seniors to walk more and use public transit.

ST. VINCENT DE PAUL SOCIETY

3718 State St.
East St. Louis, IL 62203
618-271-6230
General assistance to persons who are homeless, ill, aged, abused or in need of financial assistance.

SALVATION ARMY

Corps Community Center
20 Glory Place
Belleville, IL 62223
618-235-7378
www.salvationarmy.org

Thrift Store

218 North Illinois St.
Belleville, IL 62220
618-233-7617

Corps Community Center

616 North 16th St.
East St. Louis, IL 62205
618-874-3136

SCHOOLS – OLDER ADULT EDUCATION**East St. Louis Community College Center**

601 James Thompson Blvd.
East St. Louis, IL 62201
618-874-8700
www.eslccc.com

McKendree College

701 College Rd.
Lebanon, IL 62254
618-537-4481
Fax: 537-6417
www.mckendree.edu

SIUE – East St. Louis Center Office

General Information
East St. Louis Higher Education Building
601 James R. Thompson Blvd.
East St. Louis, IL 62201
618-482-6900
www.siue.edu

**SIUE – Southern Illinois University/
Edwardsville**

Office of Outreach Education
Campus Box 1084
Edwardsville, IL 62026
618-650-3210
Older Adult Education – credit and non-credit
activities

Southwestern Illinois College

2500 Carlyle Ave.
Belleville, IL 62221
618-235-2700, ext. 5540
www.SWIC.edu

Southwestern Illinois College – PSOP

201 North Church Street
Belleville, IL 62221
618-234-4410, ext. 7018
Computer classes for mature adults

University of Illinois**Outreach and Public Service**

200 University Park Drive, Suite 260
Edwardsville, IL 62025
618-659-0490
www.uops.uillinois.edu

U of I Extension

621 S. Belt West
Belleville, IL 62220
618-236-4172

SECRETARY OF STATE

Illinois State of:
Department of Senior & Community Services
324 W. Monroe
Springfield, IL 62756
800-252-2904
www.cyberdriveillinois.com

Rules of the Road Review Classes
Defensive Driving Program
Photo Identification Program
Reduced Fee License Plates
Special License Plates and Parking Placards for
Persons with Disabilities
Veteran's Needs

SENIOR BANK CLUBS**Classic Club**

First National Bank
3 E. Washington
Millstadt, IL 62260
618-476-1351
www.fnbwaterloo.com

350 Hartman Lane
O'Fallon, IL 62269
618-624-3100

Heritage Club

Regions Financial Corp.
19 Public Square
Belleville, IL 62220
618-236-3555

Senior Partners of Commerce Bank

5701 West Main St.
Belleville, IL 62226
618-234-5700
www.commercebank.com

US Bank

Silver Elite
6701 North Illinois
Fairview Heights, IL 62208
618-394-4412
www.usbank.com

6201 West Main St.
Belleville, IL 62223
618-398-6850

SENIOR CITIZENS ORGANIZATIONS**Cahokia Village Senior Citizens**

Pat Ramirez
190 Cahokia Park Rd.
Cahokia, IL 62206
618-337-9515

Caseyville Township

10001 Bunkum Road
Fairview Heights, IL 62208
618-398-6248
www.toi.org/CASEYVILLETOWNSHIP/

Chouteau Township Senior Citizens

Lois Rea
Clyde Jordan Sr. Center
6755 State St.
East St. Louis, IL 62203
618-931-0360

Collinsville Senior Social Group

420 E. Main St.
Collinsville, IL 62234
618-344-7787

Mascoutah Senior Services

227 N. Market Street
Mascoutah, IL 62258
618-566-8758
Monday-Friday, 8 a.m. to 1 p.m.

Millstadt Township Senior Services

Charlotte Mehrrens
102 South Jefferson St.
Millstadt, IL 62260
618-476-3731

New Life Club

St. Matthew Methodist Church
1200 Moreland Drive
Belleville, IL 62223
618-397-5994

O'Fallon Township

801 East State Street
O'Fallon, IL 62269
618-632-3517
www.ofallontownship.org

Over 55 Fellowship

Signal Hill United Methodist Church
47 Signal Hill Place
Belleville, IL 62223
618-397-7780
www.signalhillumc.org

Pontoon Beach Senior Citizens

13 Lily Street
Pontoon Beach, IL 62040
618-931-7070 618-797-2684
www.pontoonbeach.org/community.htm

Senior Citizens Club of Belleville, Ill., Inc.

802 West C St.
Belleville, IL 62220
618-235-2387

Seniors in Ministry Program

Zion Lutheran Church
1810 McClintock Ave.
Belleville, IL 62221
618-233-2299
www.zionbelleville.org

Shiloh Valley Senior Club

Charles Klein, President
Shiloh Valley Senior Center
7 Park Drive
Shiloh, IL 62269
618-624-7000
www.shilohil.org/pages/senior-services/

Stag Retirees Club

1542 Hartman Lane
Shiloh, IL 62221
618-233-5865

**SENIOR CITIZENS TOLL-FREE
HOT LINES**

ADULT LEARNING, ILLINOIS.....800-321-9511

AIDS/DRUG INFORMATION.....800-825-3518

ALZHEIMER'S DISEASE INFORMATION
..... 800-272-3900

AMERICAN CANCER SOCIETY
..... 800-227-2345

AMERICAN DIABETES ASSOCIATION
..... 800-232-3472

AMERICAN HEART ASSOCIATION
..... 800-252-8511

AMERICAN LUNG ASSOCIATION
..... 800-586-4872

AMTRAK TRANSPORTATION
INFORMATION 800-872-7245

ATTORNEY GENERAL'S OFFICE
..... 800-252-2518

BLIND, AMERICAN COUNCIL OF
..... 800-424-8666

CANCER INFORMATION, NATIONAL
CANCER INSTITUTE..... 800-422-6237

CIRCUIT BREAKER INFORMATION
..... 800-624-2459

CONSUMER COMPLAINTS FOR SR.
CITIZENS..... 800-243-5377

DEPRESSION AWARENESS 800-421-4211

ELDER ABUSE 800-252-8966

ELDERCARE LOCATOR INFORMATION
..... 800-677-1116

ENERGY ASSISTANCE &
WEATHERIZATION..... 877-411-9276

EYE CARE PROJECT, NATIONAL
..... 800-222-3937

FEDERAL GOVERNMENT AGENCIES
INFORMATION 800-688-9889

FLOOD INSURANCE/NATIONAL
..... 800-638-6620

GOVERNOR'S OFFICE/ILLINOIS
..... 800-642-3112

HEALTH AND HUMAN ABUSE SERVICES
(FRAUD) 800-447-8477

HEARING AIDS: CONSUMER PROTECTION
PROGRAM..... 800-545-2200

HEARING IMPAIRMENTS RELAY SYSTEM
..... 800-526-0857

HOSPICE INFORMATION 800-658-8898

HOUSING DISCRIMINATION.....800-669-9777

HUMAN SERVICES, IL DEPT. OF.....
..... 800-843-6154

ILLINOIS DEPT. OF INSURANCE (SENIOR
HEALTH INS.) 800-548-9034

LEGISLATIVE INFORMATION/IN SESSION
..... 800-252-6300

LOTTERY INFORMATION/ILLINOIS
..... 800-252-1775

MEDICARE BENEFICIARY/PEER REVIEW
ORGANIZATION..... 800-647-8089

MEDICARE/MEDICAID FRAUD
..... 800-447-8477

MISSING CHILDREN, CLEARINGHOUSE
FOR:..... 800-843-5763

MYASTHENIA GRAVIS FOUNDATION (IL
CHAPTER)..... 800-888-6208

NATIONAL ASSOCIATION FOR CONTINENCE.....	800-252-3337	U.S. DEPT. OF VETERAN'S AFFAIRS.....	800-827-1000
NATIONAL INSTITUTE ON AGING.....	800-222-2225	US TOO PROSTATE CANCER SUPPORT GROUP.....	800-808-7866
NATIONAL MENTAL HEALTH ASSOCIATION.....	800-969-6642	VIOLENT CRIME VICTIM'S CLEARINGHOUSE.....	800-228-3368
NURSING HOME ABUSE INFORMATION.....	800-252-4343	Y-ME BREAST CANCER SUPPORT PROGRAM.....	800-221-2141
ORGAN DONOR PROGRAM.....	800-545-4438	SENIOR COUNSELING MENTAL HEALTH PROGRAMS	
OSTEOPOROSIS FOUNDATION.....	800-223-9994	Comprehensive Behavioral Health Center	
PARKINSON'S DISEASE INFORMATION.....	800-223-2732	of St. Clair County, Inc.	
PHARMACEUTICAL ASSISTANCE PROGRAM.....	800-624-2459	3911 State St.	
POISON CONTROL CENTER.....	800-942-5969	East St. Louis, IL 62205	
SECRETARY OF STATE SENIOR'S HOTLINE.....	800-252-2904	618-482-7330	
SENIOR HELPLINE ON AGING (I.D.O.A.).....	800-252-8966	www.cmhc1.org	
SOCIAL SECURITY.....	800-772-1213	Memorial Senior Care	
TAX ASSISTANCE/INTERNAL REVENUE SERVICE:		4500 Memorial Drive	
FEDERAL U.S. INCOME TAX INFORMATION.....	800-829-1040	Belleville, IL 62226	
ILLINOIS STATE INCOME TAX INFORMATION.....	800-732-8866	618-257-5900	
TAX AUTOMATED REFUND/TELETAX.....	800-829-4477	Fax: 257-5463	
TTY FOR THE DEAF.....	800-526-0844	Intensive outpatient mental health program addressing the unique needs of the older adult. Primarily group therapy.	
TOLL-FREE DIRECTORY ASSISTANCE.....	800-555-1212	Mental Health and Counseling Services at Memorial Hospital	
		4500 Memorial Drive	
		Belleville, IL 62226	
		618-257-5494	
		St. Elizabeth's Behavioral Healthcare Services	
		211 South 3rd St.	
		Belleville, IL 62222	
		618-234-2120, ext. 1555	
		Southwestern Illinois College Programs & Services for Older Persons Older Adult Counseling Service	
		201 North Church Street	
		Belleville, IL 62220	
		618-234-4410, ext. 7031	

Short-term crisis intervention counseling is provided for those 60+ and to the caregivers of the elderly. Six to eight individual sessions are conducted at the PSOP offices or in the home if the individual is homebound due to physical or emotional obstacles.

SENIOR HEALTH INSURANCE/ MEDICARE PROGRAM (SHIP)

Illinois Department of Insurance Information:
Personal Counseling at no charge, is dedicated to assisting Illinois Medicare beneficiaries. Does not sell or solicit insurance
618-234-4410, ext. 7019

SENIOR OLYMPICS

Southwestern Illinois
525 West Main, Suite 110
Belleville, IL 62220
618-233-8665

SEXUAL ASSAULT VICTIM'S UNIT CALL FOR HELP

9400 Lebanon Road
Edgemont, IL 62203
618-397-0975
Provides 24-hour, 7-day-per-week telephone service and advocacy. Also provides short- and long-term counseling for adult and child victims and significant others, and education for the community.

SHERIFF'S OFFICE – ST. CLAIR COUNTY

700 North 5th St.
Belleville, IL 62220
618-277-3505
www.mysheriff.us

SOCIAL SECURITY ADMINISTRATION

Belleville Office

Lake Christine Center
1652 Lebanon Ave.
Belleville, IL 62221
800-772-1213 618-235-0455
www.ssa.gov

East St. Louis Office

650 Missouri Ave.
East St. Louis, IL 62201
800-772-1213 618-482-9110

Social Security:

A Federal Retirement Insurance program for persons who have reached retirement age of 65 years (or if desired, retirement at age 62 years, with the reduction of benefits). Also provides disability and survivor's benefits to persons who are eligible.

Supplementary Security Income:

Also known as SSI, provides a minimum income to people in financial need who are 65 years of age and older, to the blind or disabled who are eligible.

Direct Deposit:

Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Check with your Social Security office.

Federal Health Insurance Program:

Insures persons who are 65 years of age and older and disabled persons on Social Security disability benefits after 24 months of receiving a Social Security check.

PART A – Hospital Insurance Free to persons receiving Social Security or Railroad Retirement benefits. Those on Social Security Disability receive health insurance benefits after the 24th check (24th month).

PART B – Medical Insurance Monthly premium is withdrawn from your Social Security Check.

PART D – Prescription insurance

SOUTHWESTERN ILLINOIS COLLEGE PROGRAMS & SERVICES FOR OLDER PERSONS

201 N. Church St.
Belleville, IL 62220
618-234-4410
www.swic.edu/psop
Southwestern Illinois College sponsors various programs to meet the needs of older persons. This is in keeping with the Community College's mission to attempt to serve all residents of District #522.

Activities And Recreation:

Trips, arts and crafts, dances, bridge/pinochle, parties and special events.

Advocacy Program:

The mission of this program is to assist older persons in meeting their physical, emotional, financial and social needs. Provides an integrated service of information, assistance and referral. Provides advocacy services to meet elder abuse and consumer problems of older persons and assist with applications for government benefit programs, and obtaining power of attorney for health care and property.

ATS/Alternative Transportation System:

718 Scheel Street, Suite C
Belleville, IL 62220
618-239-0749

ATS is a general transportation service designed to provide curb-to-curb transportation for eligible persons who are registered with ATS. Eligible persons with disabilities are those who qualify under the Americans with Disabilities Act (ADA) and meet residency requirements, and eligible elderly (60 years and over) must meet the residency requirement. Elderly eligible service areas are indicated with an asterisk (*). Currently service areas include:

Townships of: *Belleville, Canteen, Caseyville, Centreville, East St. Louis, Englemann, *O'Fallon, Shiloh Valley, *Smithton, *St. Clair, Stites and *Stookey.

Communities of: Alorton, *Belleville, Brooklyn, Cahokia, Caseyville, Centreville, Collinsville (St Clair County only), East St. Louis, Fairmont City, Fairview Heights, *Lebanon, Mascoutah, *O'Fallon, Sauget, Scott Air Force Base, Shiloh, Smithton, *Swansea and Washington Park.

Service areas are subject to change. You must register for this service.

Call 618-239-0749 and ask for registrations. Reservations may be made up to two weeks prior to day of the ride, Monday through Sunday, between

8:30 a.m. and 4:30 p.m. by calling 618-239-0749, ext. 1. Cancellations should be made no later than an hour before the one-hour-ride time frame. Call 618-239-0749, ext. 2, to cancel a reservation or to obtain additional information.

Caregiving:

Information regarding issues and concerns of caring for an older adult.

Circuit Breaker Assistance:

Rebate of property tax or rent relief from sales tax. Eligibility: Persons 65 years of age and older or persons on disability. Maximum income limitation.

Counseling Center:

Short-term crisis intervention counseling is provided for those 60+ and to the caregivers of the elderly. Six to eight individual sessions are conducted at the PSOP offices or in the home if the individual is homebound due to physical or emotional obstacles. Staff is a masters level counselor.

Foster Grandparent Program:

Offers seniors age 60 and older the opportunity to serve as mentors, tutors and caregivers for children and youth with special needs.

Grandparents Raising Grandchildren:

Information regarding issues and concerns of grandparents or other older relatives raising children.

Retired And Senior Volunteer Program:

This program recruits individuals to help others through agencies, hospitals, schools, libraries and nursing homes. There are over 1,000 volunteers working at 150 locations in St. Clair County and Madison County.

Senior Companion Program:

Persons 60 years of age or older, who meet income criteria, are provided an opportunity to volunteer as a Senior Companion, to help ease the loneliness and illness of others. Through their services their peers are able to maintain the highest possible level of independent living. Senior Companions also provide respite care for a family member who needs a break from constant caregiving. For their service, Senior Companions receive a tax-free

stipend, reimbursement for transportation and meals, on-duty insurance and an annual physical examination. This service is free to clients.

Senior Health Insurance Program (SHIP):

Counseling Medicare Insurance problems at no charge. Service is provided by Illinois State Department of Insurance. Does not sell or solicit insurance.

SeniorLink Computer Club:

A program to assist seniors 55+ to learn the language and workings of the computer through peer-assisted hands-on practice. Students can learn at their own pace in a non-threatening environment with 4-5 students per session. All students must be members of the SeniorLink Club and scholarships are available.

Service Coordination for Senior Housing:

Bel Plaza II
115 North 47th St.
Belleville, IL 62226
618-257-0011

Program for Senior Citizens residing in subsidized housing in St. Clair County. Assists senior and disabled residents to maintain independent living. Advocacy, complaint resolution, individualized needs assessment, activities, referrals and assistance program funded by HUD.

Social Service Information And Assistance:

Consumer Rights, Emergency Assistance, Homestead Exemption, Medicare and Medicaid, Notary Service, Privileged Mobile Home Tax, Social Security, Supplemental Security Income, Legal Assistance.

Support Groups:

Alzheimer's Disease
Grandparents Raising Grandchildren
Parkinson's Disease

Travel Program:

The Travel Program provides fun and educational group travel experiences. Day trips and extended tours within the United States are offered, as well as international travel, cruises, and travel/study for adults. This program is open to all age groups and provides an opportunity to see wonderful places and make new friends.

Wellness Clinic:

The Clinic encourages and assists older adults to take positive and responsible actions to improve their health. Activities of the Wellness Clinic are designed to improve physical and emotional well being. Blood pressure screenings, flu shots, lectures and workshops, individual screenings and health related classes. Staffed by a registered nurse from St. Elizabeth's Hospital of Belleville Gerontology Services.

**SPECIALIZED CARE FOR CHILDREN,
DIVISION OF: (DSCC)**

University of Illinois at Chicago
St. Clair Regional Office
1734 Corporate Crossing, Suite 1
O'Fallon, IL 62269
618-583-2220
800-842-7204

No-cost diagnostic services for any Illinois child from birth to 21 who qualifies. DSCC can also provide financial assistance if child has an eligible medical condition which can be improved through treatment. To find out if your child is medically or financially eligible, please call the regional office.

STATE POLICE

Illinois State of:
1100 East Port Plaza Drive
Collinsville, IL 62234
TDD and VOCAL 911
www.isp.state.il.us

**SUICIDE AND CRISIS INTERVENTION
SERVICES 'CALL FOR HELP'**

9400 Lebanon Road
Edgemont, IL 62203
618-397-0963
Telephone services 24 hours a day, 7 days a week

SUPPORT GROUPS

Al-Anon

618-398-9470

Support group for family members and friends who have drinking problems. Meets every Saturday at 10 a.m. on 7th floor of St. Elizabeth's Hospital.

Blind Support Group, Impact, Inc.

2735 East Broadway

Alton, IL 62002

618-462-1411

Meetings are held first Wednesday of each month.

Cancer Patients Support Group

St. Elizabeth's Hospital

211 S. Third St.

Belleville, IL 62220

618-236-1010, ext. 344

Deaf Support Group, Impact, Inc.

2735 E. Broadway

Alton, IL 62002

618-462-1411

www.impactcil.org/

Meetings are held the first Tuesday of every month, except July.

Diabetic Support Group

Memorial Hospital

4500 Memorial Dr.

Belleville, IL 62226

618-257-5649

www.memhosp.com

Meetings are held on the fourth Monday of every month from 9-11 a.m. in the Memorial Hospital Auditorium.

Gamblers Anonymous

618-235-0780

www.gamblersanonymous.org

Meetings are held on Mondays and Thursdays, 7:30 p.m. at United Methodist Church, 721 East Main St., Belleville.

Grandparents Parenting Again

2133 Johnson Road, Suite 104

Granite City, IL 62040

618-452-8900, ext. 112

HOPE (Adult Cancer Group)

Memorial Hospital

4500 Memorial Dr.

Belleville, IL 62226

Meetings are the second Thursday of every month at 1 p.m. in the hospital auditorium.

Leukemia & Lymphoma Monthly Group

St. Elizabeth's Hospital

211 S. 3rd St.

Belleville, IL 62222

618-236-1010, ext. 344

Meetings are the second Tuesday of each month, 6:30-8:30 p.m. at the Cancer Treatment Center, 400 North Illinois St. in Swansea.

Lupus Support Group

Memorial Hospital

4500 Memorial Dr.

Belleville, IL 62226

Meetings are held at 7 p.m. on the third Tuesday of every month except June, July, August and December.

Stroke Support Group

St. Elizabeth's Hospital

618-234-2120, ext. 1519

T

TALKING BOOK CENTERS

Southern Illinois Talking Book Center
Shawnee Library System
607 South Greenbriar Road
Carterville, IL 62918
618-985-8375
800-455-2665

Mid Illinois Talking Book Center
600 High Point Lane
East Peoria, IL 61611
800-537-1274 309-694-7935
Services for persons who are unable to read conventional print due to visual or physical disability.

TAX, INCOME ASSISTANCE

AARP PROGRAM

During Tax Season (Feb. 1 to April 15)
Call 618-277-5511

During off Tax Season (April 16 to Jan. 31)
Call 618-539-5385

AARP Tax Assistance Program provides free tax assistance to persons 50 years of age and older. Prepares federal, state, and circuit breaker forms at many local sites. Home assistance to shut-ins.

TEACHERS, RETIRED, ST. CLAIR COUNTY ASSOCIATION

Fred Hotz, President
539 Parkview
Millstadt, IL 62260

THREE WISHES PROGRAM

800-451-0971
Makes available to senior citizens, age 65 and older, and the permanently disabled, power (electric) wheelchairs at no cost to the recipient, if they qualify. Wheelchairs are provided to those who cannot walk and cannot self-propel a manual wheelchair in their home, and who meet the additional guidelines of the program. No deposit is required.

TOLL-FREE TELEPHONE NUMBERS

INFORMATION: 800-555-1212
(See Senior Citizens "Hot Lines")

TOWNSHIPS – ST. CLAIR COUNTY

Belleville Township

Dennis F. Korte, Sr., Supervisor
111 West A St.
Belleville, IL 62220
618-233-0206
www.belleville.net

Canteen Township

Willie McIntosh, Supervisor
5500 Bunkum Road
Washington Park, IL 62204
618-874-8350

Caseyville Township

Bruce Canty, Supervisor
10001 Bunkum Road
Fairview Heights, IL 62208
618-398-6248
www.caseyville.org

Centreville Township

Curtis McCall, Supervisor
4831 Bond Ave.
Alorton, IL 62207
618-874-1034

East St. Louis Township

Robert Eastern Jr., Supervisor
1210 State St.
East St. Louis, IL 62201
618-874-3650

Freeburg Township

Jan McDonald, Township Assistant
203 South Richland St., P.O. Box 35
Freeburg, IL 62243
618-539-5639
www.freeburg.com

Lebanon Township

Kathleen Reiman, Supervisor
224 W. St. Louis St.
Lebanon, IL 62254
618-537-4913

Lenzburg Township

Gary L. Kirkpatrick, Supervisor
1580 Winter Road
Lenzburg, IL 62255
618-475-2082

Mascoutah Township

Debra Moll, Supervisor
622 West Main St., Box 136
Mascoutah, IL 62258
618-566-7132

Millstadt Township

Donald Mehrtens, Supervisor
820 S. Jefferson
Millstadt, IL 62260
618-476-1207
www.millstadt.org

New Athens Township

William Schreiber, Supervisor
913 North Mill St.
New Athens, IL 62264
618-475-2025

O'Fallon Township

Gary Ahle, Supervisor
801 East State St.
O'Fallon, IL 62269
618-610-3610
www.ofallontownship.org

Prairie DuLong Township

John Kaiser, Supervisor
2505 Kaiser Road
New Athens, IL 62264
618-473-2180 or
618-566-2115 (home)

St. Clair Township

Tim Buchanan, Supervisor
107 Service St.
Swansea, IL 62226
618-233-3437
www.stclairtownship.com

Shiloh Valley Township

David Tiedemann, Supervisor
901 Shiloh Station Road
Belleville, IL 62221
618-624-5462
www.shilohil.org

Sites Township

Vanessa Chapman, Supervisor
500 Washington St.
Brooklyn, IL 62059
618-874-0621

Smithton Township

William Weber, Supervisor
203 North Main St.
Smithton, IL 62285
618-234-5943

Stookey Township

David H. Bone, Supervisor
313 Eiler Road
Belleville, IL 62223
618-538-7700 618-398-6925
www.stookeytownship.com

Sugar Loaf Township

Michael Sullivan, Supervisor
240 South 5th St.
P.O. Box 279
Dupou, IL 62239
618-286-4016

TRANSPORTATION INFORMATION**ATS (Alternative Transportation System)**

718 Scheel Street MetroLink Station
Belleville, IL 62220
Information: 618-239-0749
ATS is designed to provide general transportation for eligible handicapped persons. Persons 60 years of age or older and residing in the service area may be eligible without being disabled. Call for information and registration.

Amtrak Rail

Passenger Service 800-872-7245

Christian Homecare Services

115 West Randle
Lebanon, IL 62254
618-537-9590
www.chcsinc.org

Helping Hands, Inc.

2125 South Belt West
Belleville, IL 62226
618-239-9900
800-205-0052
Provides transportation to medical appointments.

Metro East Cab Co.

801 Martin Luther King Dr.
East St. Louis, IL 62205
618-875-0015 618-874-0100

MetroLink/Buses

Bus schedules, MetroLink schedules, and bus routes
St. Clair County Transit District
1004 South Lincoln, Suite 1
O'Fallon, IL 62269
618-628-8090
www.metrostlouis.org

Mid America Cab Co.

501 South 2nd St.
Belleville, IL 62220
618-277-1515

New Athens Golden Age

Transportation
100 South Benton St.
New Athens, IL 62264
618-475-3683

U

UNITED STATES ATTORNEY

Southern Illinois District
9 Executive Drive
Fairview Heights, IL 62208
618-628-3700
www.justice.gov/usao/ils/

UNITED WAY OF GREATER ST. LOUIS

Illinois Division

1444 Boul Avenue
Swansea, IL 62226
618-233-8441
www.stl.unitedway.org
Funds agencies throughout St. Clair, Clinton,
Monroe and Randolph Counties, which serve both
the young and the aged. Funds community projects
and sponsors workshops.

URBAN LEAGUE OF METROPOLITAN ST. LOUIS, INC.

St. Clair County Division
1401 E. Broadway
East St. Louis, IL 62201
618-274-1150
www.ulstl.org
Provides core social services to area residents,
employment, housing and community organizations.



VETERANS AFFAIRS, DEPT. OF:

U. S. Government
Regional Office
Benefits, Information and Assistance
536 South Clark St.
Chicago, IL 60605
800-827-1000
www.va.gov

VETERANS AFFAIRS, DEPT. OF:

Illinois, State of:
4519 West Main St.
Belleville, IL 62226
618-233-5140
Fax: 618-277-0183

10 Collinsville Ave.
East St. Louis, IL 62201
618-583-2065
Fax: 618-583-2283

VA Clinic

6500 West Main Street
Belleville, IL 62223
618-398-2100

VETERANS ASSISTANCE COMMISSION

St. Clair County
19 Public Square, Suite 300
Belleville, IL 62220
618-277-0040
Assistance to indigent veterans of St. Clair County
(who have been honorably discharged) and their
families. Call for information before going in.

VETERANS LEADERSHIP PROGRAM

205 S. Illinois
Belleville, IL 62220
618-234-8550 Fax: 618-234-9689

VETERANS MEDICAL CENTERS

U.S. Government
John Cochran and Jefferson Barracks
Medical Center
St. Louis, MO 63125
314-652-4100

VETERANS OF FOREIGN WARS

Contact Office
Richland Executive Plaza, Suite 201G
521 West Main
Belleville, IL 62220
618-235-4830

USAF Medical Center

Scott AFB, IL 62225
618-256-7500 (Hospital information)
618-256-1110 (Base operator)

VETERANS, THE VET CENTER

Outreach Counseling Program
1265 North 89th St., Suite 5
East St. Louis, IL 62203
618-397-6602

**VIOLENCE PREVENTION CENTER OF
SOUTHWESTERN ILLINOIS**

P.O. Box 831
Belleville, IL 62222
618-235-0892 HOT LINE (24 hours)
618-236-2531 Administration (8:30 a.m. to 4:30 p.m.)
618-233-0741 TDD
618-235-9521 Fax Number
618-875-7970 East St. Louis Outreach Office
618-826-5959 Randolph/Chester Outreach Office
618-939-8114 Monroe County Office
800-924-0096 Monroe/Randolph
www.vpcswi.org

24-hour hot line and shelter for abused women and
children. Individual and group counseling, information
and referral, advocacy, court advocacy, safety
assessment, health assessment, art therapy, community
education about DV and walk-in counseling.

**VISITING NURSE ASSOCIATION
OF SOUTHWESTERN ILLINOIS**

7 Executive Woods Court, Suite A

Swansea, IL 62226

800-642-5429 618-236-5800

Fax: 618-236-5859

www.sivna.org

Home Health Care:

Under physician's orders, services can be provided by nurses, home health aides, physical therapists, speech therapists, dietitians and social workers.

Areas served: St. Clair, Madison, Monroe, and Randolph counties.

Case Coordination Unit: (CCU)

Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program, home-delivered meals assessments, and elder abuse investigation.

VISUALLY HANDICAPPED

METRO EAST AREA

(See Mind's Eye Information Services For Blind and Print Handicapped.)

VISUALLY IMPAIRED:

The Services for State of Illinois:

Department of Human Services,

Division of Rehabilitation

601 South High St.

Belleville, IL 62220

618-235-5300 618-235-5302

Provides vocational rehabilitation services. Instructions in blindness skills, techniques and mobility services. Ongoing in-service training provided to employers, schools, nursing and medical facilities and to other facilities upon request. Speakers available upon request. Counties served: Calhoun, Clinton, Jersey, Madison, Monroe, Randolph, St. Clair and Washington.



WEATHER AND HIGHWAY CONDITIONS

Illinois State Police

1100 Eastport Plaza Drive

Collinsville, IL 62234

618-346-3636

800-452-4368

www.highwayconditions.com/il.htm

WOMEN'S CRISIS CENTER

(See Violence Prevention Center)



YMCA OF SOUTHWEST ILLINOIS

www.ymcaswil.org

Cahokia YMCA

509 Camp Jackson Road

Cahokia, IL 62206

618-337-2217

Collinsville/Maryville/Troy

#1 Town Center Drive

Maryville, IL 62062

618-346-5600

Downtown Belleville Center

200 South Illinois

Belleville, IL 62220

618-233-1243

Fax: 618-233-7435

East Belleville Center

2627 Carlyle Ave.

Belleville, IL 62221

618-236-9986

O'Fallon YMCA

284 N. Seven Hills Rd.

O'Fallon, IL 62269

618-628-7701

Outdoor/Lakeside Center

2437 Park Road

Belleville, IL 62220

618-233-1243

**YWCA – YOUNG WOMEN'S
CHRISTIAN ASSOCIATION**

St. Clair County

9507 West Main St.

Belleville, IL 62223

618-397-0477

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